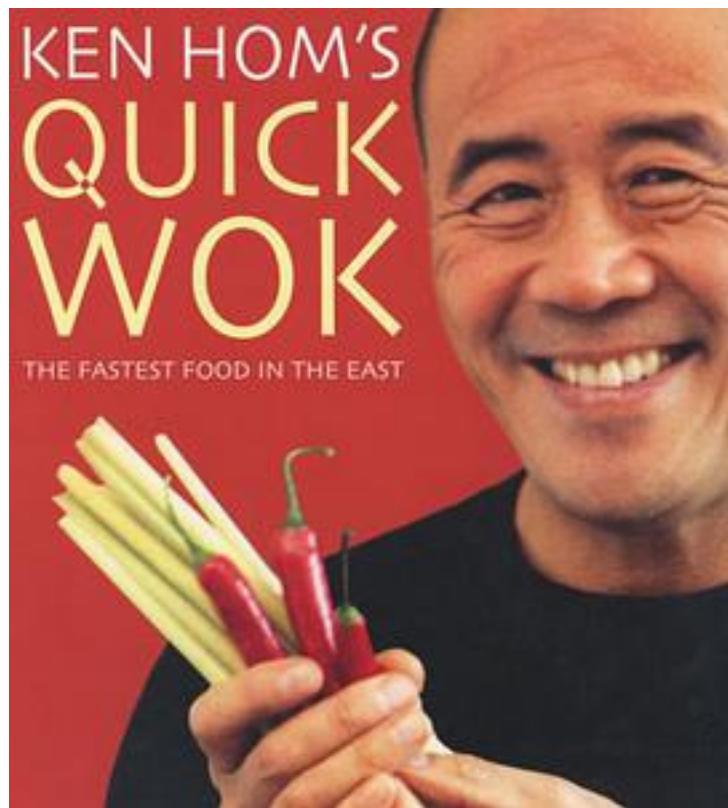


Ken Hom's Quick Wok



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Famous for making Chinese cookery easy and appealing to everyone, Ken Hom has surpassed himself with this new collection of over 80 fast wok recipes. KEN HOM'S QUICK WOK has been written for the busy people of today, be they 17 or 70. Clear instructions, combined with the use of fresh ingredients that need little or no preparation, mean you can rustle up sure-fire winners in no time at all - aromatic treats such as Sweet Ginger Chicken and Firecracker Pork with Corn, which your friends and family will love you for. If you want healthy food without compromising on taste; if you

want inspiration but are in a hurry, then this is the cookbook you've been waiting for.

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