

Vegan Planet



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著者:Robertson, Robin

出版者:Natl Book Network

出版时间:2003-1

装帧:Pap

isbn:9781558322110

With 400 recipes inspired by vegan cuisines around the world, Vegan Planet introduces a variety of scrumptious meal options, from breakfasts to desserts, chock full of delicious, nutritious, and satisfying whole grains, vegetables, fruits, and proteins from plant sources. Whether you are vegan, vegetarian, or simply looking to eat healthier, Vegan Planet is the perfect resource.

作者介绍:

目录:

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