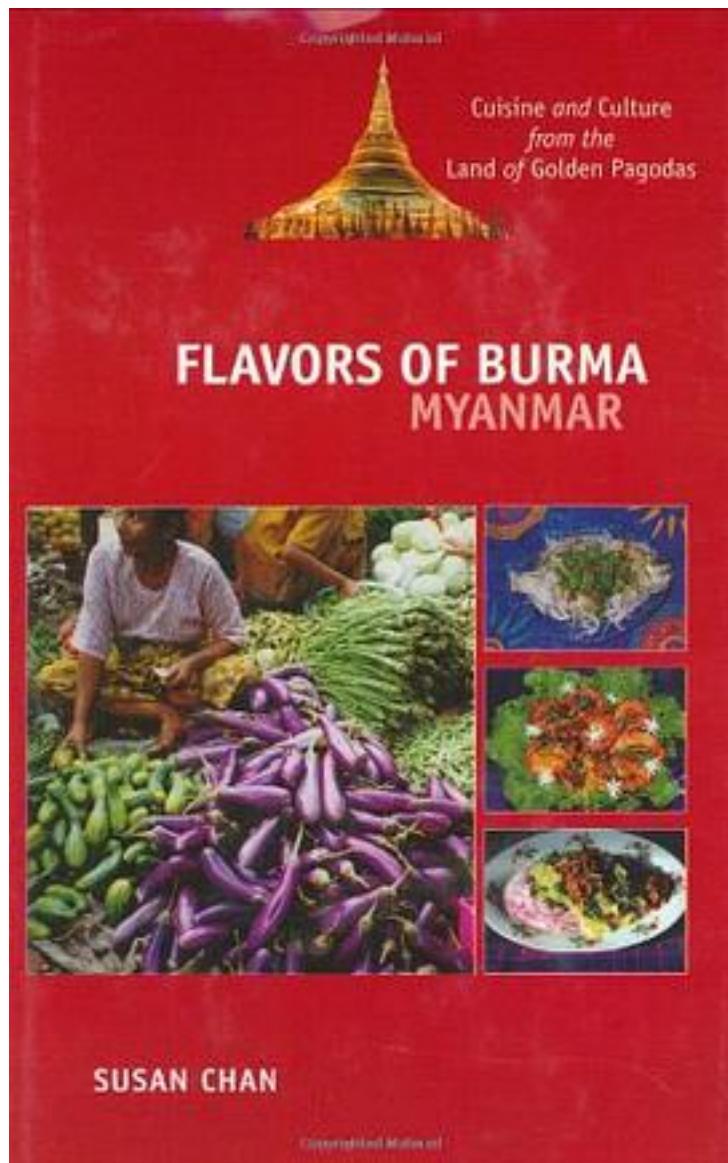


Flavors of Burma



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Burma, also called Myanmar, is located in South-eastern Asia between Bangladesh and Thailand, bordering the Andaman Sea and the Bay of Bengal. Typical meals include rice, curries, salads, vegetables, and side dishes such as cucumber and tomato slices eaten with traditional Burmese fish sauce (Ngi-Pi-Yae) and Fried Shrimp with Shrimp Paste (Balachung), which are presented here in 76 enticing recipes. Burmese dishes have a distinct taste that varies in spiciness from mild to hot. The author depicts the culture and traditions of Burma, providing ample information on the Burmese market, commonly used ingredients, and eating and serving customs, explaining, for example, that Burmese eat with their finger-tips. She also familiarises her readers with the language, festivals, and principal cities of this country.

作者介绍:

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