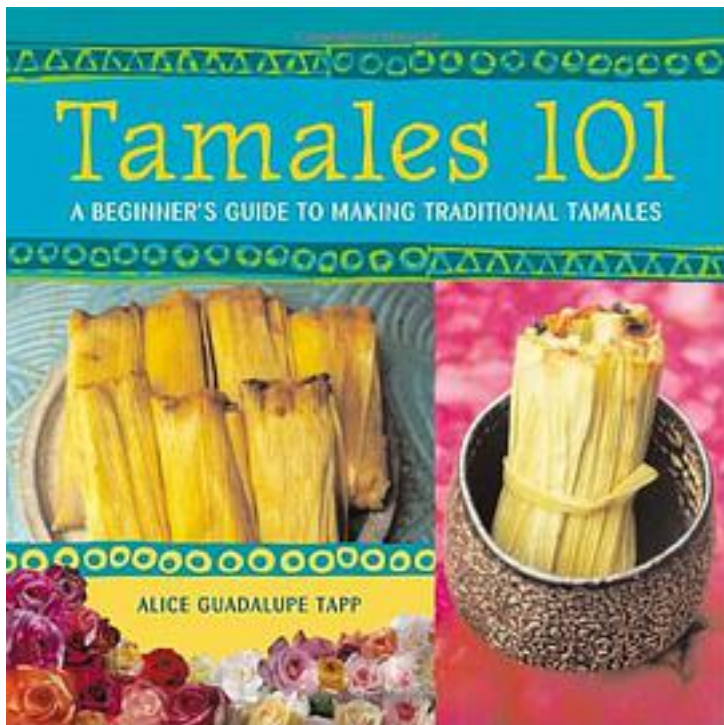


Tamales 101



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著者:Tapp, Alice Guadalupe

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Corn-husked bundles of fresh masa plump with wonderful combinations of sauces, meats, and vegetables—tamales are a simple and delicious staple of Mexican and Southwestern cuisine. Alice Guadalupe Tapp has perfected the art of tamale making, and in TAMALES 101 imparts her knowledge and passion for this comforting treat. TAMALES 101 will show beginners how to make masa dough as well as fold and steam tamales to perfection. Then, once you've mastered the basics, you'll be whipping up batches of Chicken Tomatillo, Chorizo Potato, Vegetable Curry, and Greek tamales in no time. With recipes for nearly 100 traditional, vegetarian, vegan, and specialty tamales and sauces, TAMALES 101 will send you on a culinary adventure that's sure to

delight and impress your guests. • Includes 60 food and spot photographs and 15 illustrations showing, step by step, how to spread masa and wrap and tie tamales. • At Tamara's Tamales, Alice and her daughter, Tamara, sell hundreds of tamales a day—and have since 1996.Reviews"Graphically the book shouts ‘olé!' with its vibrant colors and fun type."—The Kansas City Star

作者介绍:

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