

Caramel



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Caramel is a source of sheer delight as it crunches on the teeth and melts on the tongue. Creamy, glassy, mixed with chocolate or even in its pure state, just a touch of caramel makes a dish come alive in surprising ways. Served soft or as a glaze, caramel satisfies the whole palate. Taking this sensual approach to melted sugar in its variations, acclaimed chef Trish Deseine celebrates the joys of using caramel -- and not just for dessert. The 130 recipes and the yummy photographs will whet the appetite and reveal caramel as an adaptable ingredient for the home chef to pair with fruits, vegetables and even meat dishes. Sample some of these sweet recipes: Caramel fondue Caramel citrus tart Pizza with smoked chicken, caramelized pineapple and mozzarella Mascarpone mousse with crushed caramel sugar.

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