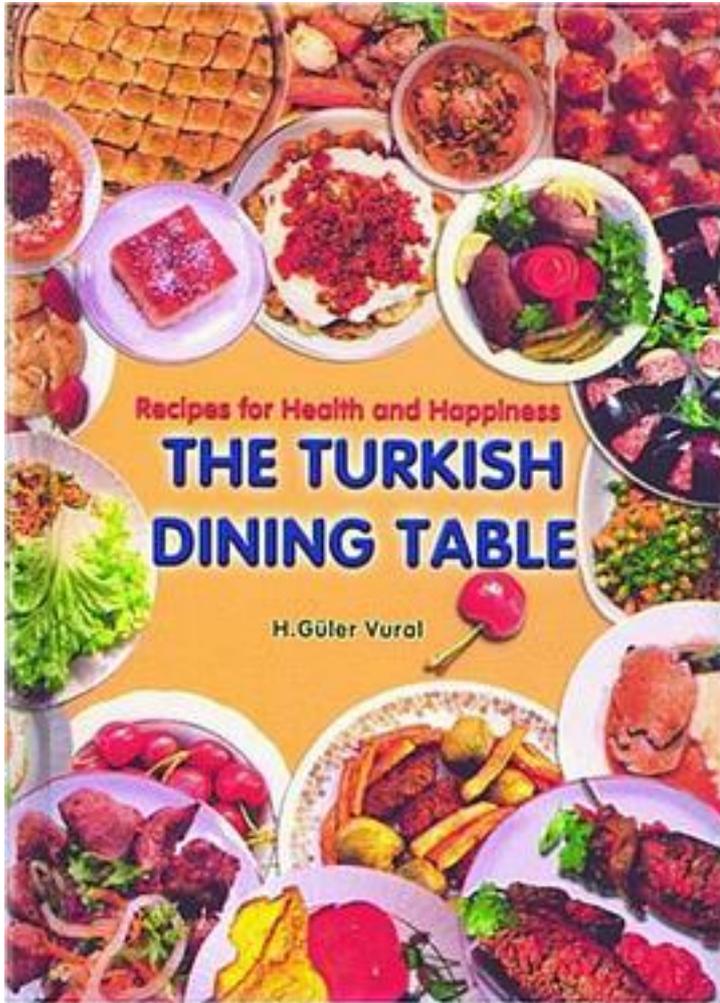


Turkish Dining Table Recipes for Health and Happiness



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"The Turkish Dining Table" is a comprehensive volume of both familiar Mediterranean-style food, as well as Ottoman palace-inspired treats. French, Italian, Persian and Arab influences are recognised in this thorough cookery book. It contains over 300 recipes, including lentil and mint soup, stove-top kebab, falafel, rice pilaf and baklava. The recipes are easy-to-use, which makes the book ideal for both beginners and seasoned cooks alike. Folk wisdom and parables about food preparation and dining that are inherent in Turkish cuisine traditions add cultural background to the recipes and colourful photographs on each page make this an inspiring introduction to Turkish dining.

作者介绍:

目录:

[Turkish Dining Table Recipes for Health and Happiness_ 下载链接1](#)

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