

# Meatloaf



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Everyone loves meatloaf. It's the ultimate in homey, it's easy to make, and with a fluffy mound of mashed potatoes and some gravy, it's about as close to heaven as a meal can get. Maryana Vollstedt, author of such comforting favorites as the "Big Book of Casseroles" and the "Big Book of Easy Suppers", presents her favorite recipes, including a classic loaf using a mixture of ground beef and sausage; a lively version with a horseradish-crumb topping; and an Asian-style meatloaf with a hoisin-soy sauce (and a spicy touch of wasabi for the more adventurous folks). Other styles combine ground turkey, chicken, veal, lamb, salmon, and a couple for vegetarians using lentils,

mushrooms, or rice. Recipes for side dishes of potatoes, orzo, polenta, and mixed vegetables are the perfect accompaniment, rounding out, what is sure to be a satisfying meal. And don't forget, the leftovers make great sandwiches!

作者介绍:

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评论

Everyone loves meatloaf. hah

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