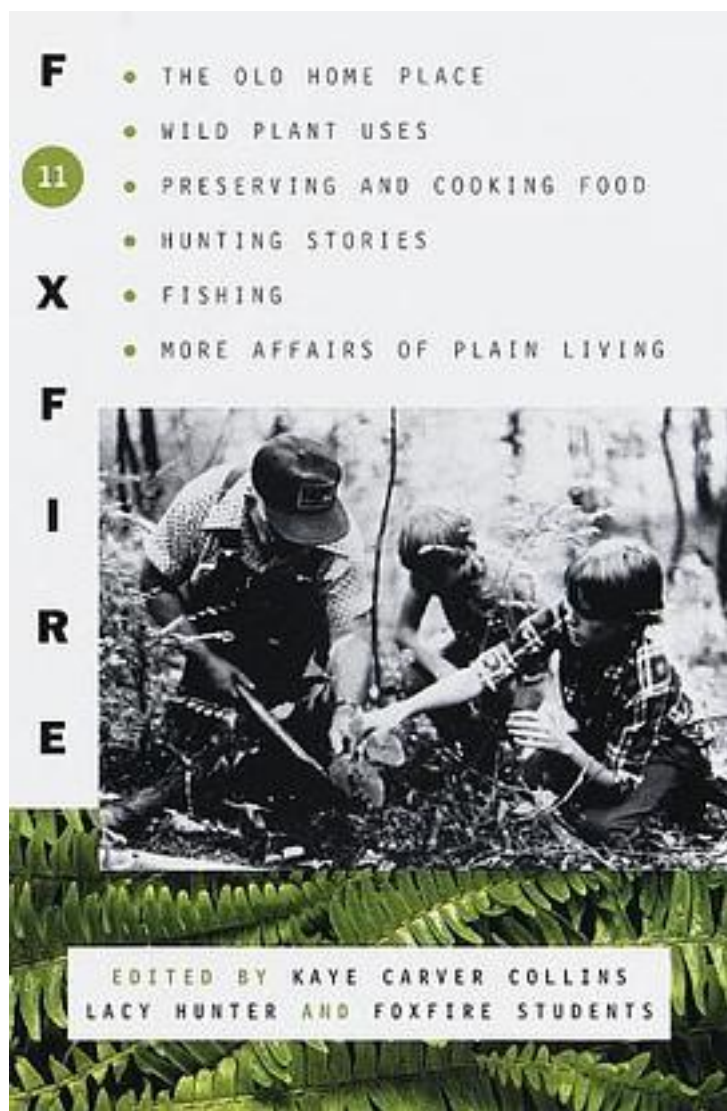


Foxfire 11



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著者:Inc. Foxfire Fund

出版者:Anchor

出版时间:1999-12-01

装帧:Paperback

isbn:9780385494618

With this newest volume in the Foxfire series comes a wealth of the kind of folk wisdom and values of simple living that have made these volumes beloved bestsellers for the last three decades, with more than two million copies in print.

In 1966, in the Appalachian Mountains of Northeast Georgia, Eliot Wigginton and his students founded a quarterly magazine that they named Foxfire , after a phosphorescent lichen. In 1972, several articles from the magazine were published in book form, and the acclaimed Foxfire series was born. Almost thirty years later, in this age of technology and cyber-living, the books teach a philosophy of simplicity in living that is truly enduring in its appeal. This new volume-- Foxfire 11 --celebrates the rituals and recipes of the Appalachian homeplace, including a one-hundred page section on herbal remedies, and segments about planting and growing a garden, preserving and pickling, smoking and salting, honey making, beekeeping, and fishing, as well as hundreds of the kind of spirited firsthand narrative accounts from Appalachian community members that exemplify the Foxfire style. Much more than "how-to" books, the Foxfire series is a publishing phenomenon and a way of life, teaching creative self-sufficiency, the art of natural remedies, home crafts, and other country folkways, fascinating to everyone interested in rediscovering the virtues of simple life.

作者介绍:

目录:

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