

# The Temperament Perspective



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The Temperament Perspective is a cross-disciplinary, practical resource for professionals to help them understand and support children with different behavioral styles. The book explains how temperament traits combine to produce behavior and how environment, parenting style, and learning relate to temperament and behavior. Based on the author's research and work on more than 600 clinical cases at The Temperament Learning Center at Kaiser Permanente, the book discusses temperament-related behavior problems that occur at different ages (from infancy through middle childhood) and in various settings (home, school, child care, health care, and therapy). The book provides specific strategies and techniques to address problematic situations and typical behavior problems that occur at each age and in different environments. Throughout the book, there are case studies and temperament profiles that illustrate various scenarios in temperament counseling, and two appendixes provide a list of temperament questionnaires for the three age ranges covered.

作者介绍:

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