

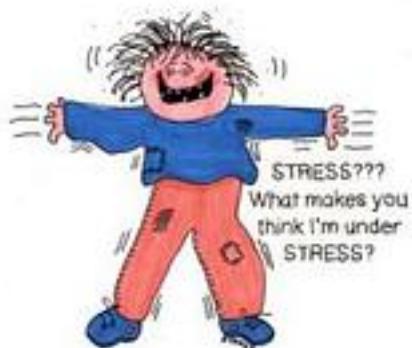
Stress-Management and Self-Esteem Activities

UNIT 5

STRESS MANAGEMENT AND SELF-ESTEEM ACTIVITIES

PATRICIA RIZZO TONER

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