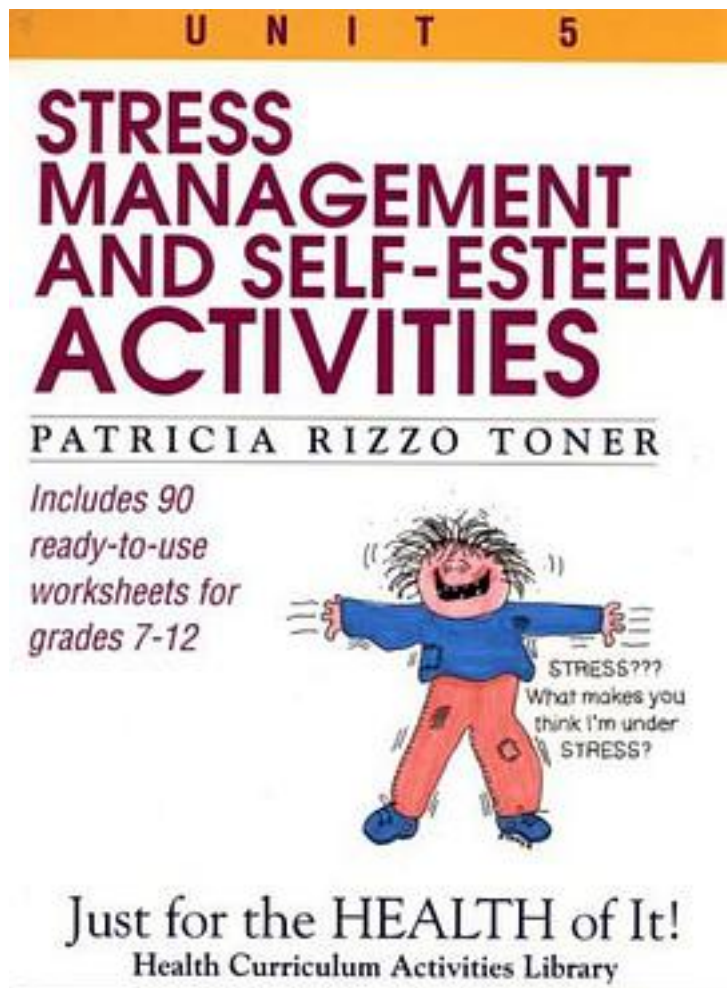


Stress-Management and Self-Esteem Activities



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