I Love You, But I'm Not in Love with You



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If the relationship you have with your significant other is defined more by companionship than passion . . . if you love each other deeply but are not deeply in love '... if you feel that something's missing or is no longer there ... then you could be experiencing ILYB (I Love You, But . . .). In I Love You, but I'm Not in Love with You --a real-life relationship guide from couples' counselor Andrew G. Marshall--partners and individuals who have 'fallen out of love' or want to rekindle the love that once was will learn how to use Marshall 's program with impressive results. This is a much-needed book to help men and women of all ages in any type of committed romantic relationship to truly understand love and to point out the everyday habits that undermine growing together. Marshall's research is one of the few that delves into what causes relationships to 'cool' or for emotions to be 'dulled.' So much more than a quick-fix guide, I Love You, but I'm Not In Love with You empowers couples to emerge with a better understanding of themselves and each other, and ultimately build a stronger, more passionate bond. Learn how to: - Argue productively and address the core of the issue - Employ the trigger words for more effective communication - Find a balance between being fulfilled as an individual and being one half of a couple -Discover if the JLYB is simply a symptom of a workable problem - Take your sex life to a deeper level of intimacy - Creaté new bonds instead of searching for the old ones

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书评

作者写这本书就像恋爱婚姻手册一样的,语言非常平实易懂的呃~不过相当爱情小说看

就免了,很多还是比较像指南一样的建议,毕竟作者系心理医生嘛 推荐他另一部书: How Can I Ever Trust You Again 另外,作者英国婚姻专家Andrew G. Marshall的所有系列丛书都有香港代购: 关注淘...

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