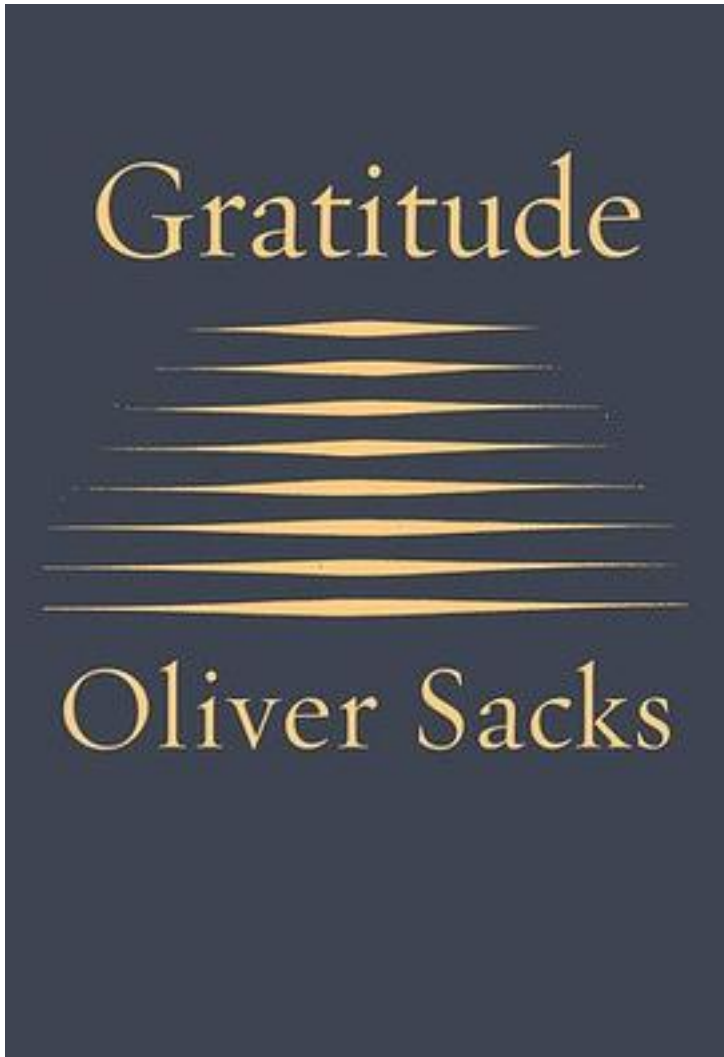


Gratitude



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著者:Oliver Sacks

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“My predominant feeling is one of gratitude. I have loved and been loved. I have been given much and I have given something in return. Above all, I have been a sentient being, a thinking animal, on this beautiful planet, and that in itself has been an enormous privilege and adventure.”

—Oliver Sacks

No writer has succeeded in capturing the medical and human drama of illness as honestly and as eloquently as Oliver Sacks.

During the last few months of his life, he wrote a set of essays in which he movingly explored his feelings about completing a life and coming to terms with his own death.

“It is the fate of every human being,” Sacks writes, “to be a unique individual, to find his own path, to live his own life, to die his own death.”

Together, these four essays form an ode to the uniqueness of each human being and to gratitude for the gift of life.

“Oliver Sacks was like no other clinician, or writer. He was drawn to the homes of the sick, the institutions of the most frail and disabled, the company of the unusual and the ‘abnormal.’ He wanted to see humanity in its many variants and to do so in his own, almost anachronistic way—face to face, over time, away from our burgeoning apparatus of computers and algorithms. And, through his writing, he showed us what he saw.”

—Atul Gawande, author of *Being Mortal*

作者介绍:

Oliver Sacks was a physician, writer, and professor of neurology. Born in London in 1933, he moved to New York City in 1965, where he launched his medical career and began writing case studies of his patients. Called the “poet laureate of medicine” by *The New York Times*, Sacks is the author of more than a dozen books, including *The Man Who Mistook His Wife for a Hat*, *Musicophilia*, and *Awakenings*, which inspired an Oscar-nominated film and a play by Harold Pinter. He was the recipient of many awards and honorary degrees, and was made a Commander of the British Empire in 2008 for services to medicine. He died in 2015.

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标签

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OliverSacks

DrOliverSacks

评论

没有见过像他这样热爱人类和生命痕迹的人，我一直认为神经科学和量子物理一样，是充满存在之勇气的人才能够胜任的研究。将自己的生命化作周期表中的八十二个元素，在最后的时刻也满怀着对那些思考和存在过的轨迹的由衷感激。Robert George说安息日是给真正有信仰的人，Sacks虽不是正统教徒，却也遵循着自身的信仰走入那个终于能够安然搁置一切生命活动的日子，真正的存在主义也不过如此。

Sacks的厉害之处之一在于可以用简单的语句刻画非常幽默的情绪和画面，读起来令人会心一笑。希望我的生命结束之时,我也能平和地对自己说, that was a good time, I did some good work, and now I may rest.

很快就能读完的随笔集，收集了Sacks临终前的几篇发表的Op-ed，记录了他对生命和死亡的态度。燃烧般地去生活、去体验、去爱，同时又心怀感激，钦佩。

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书评

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