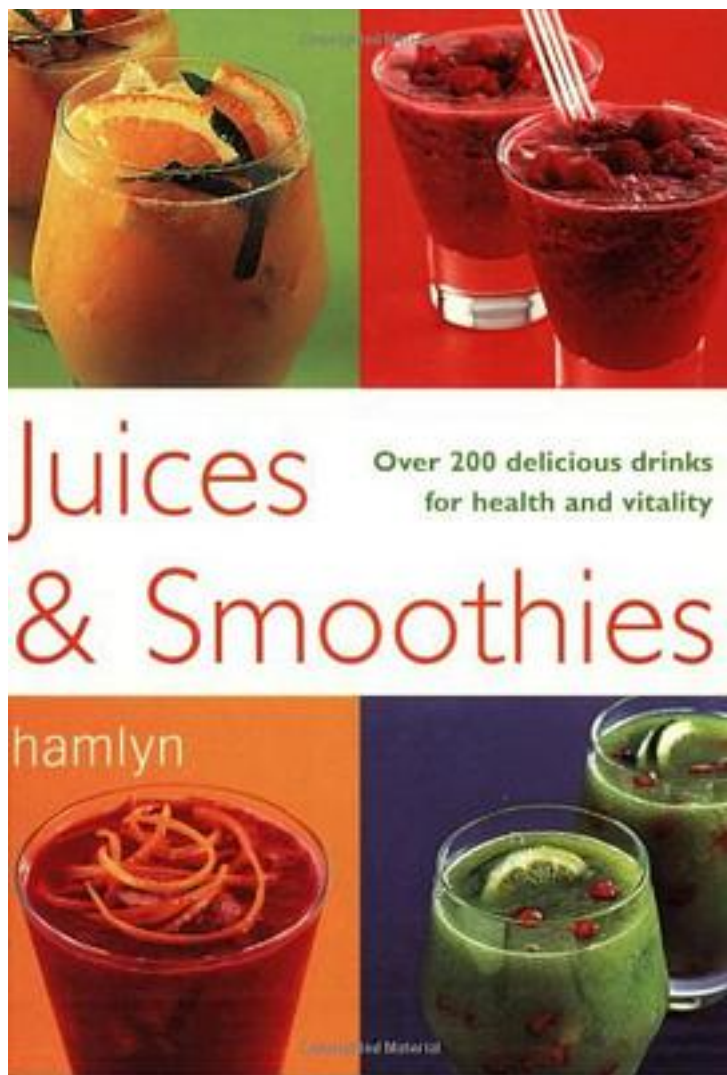


Juices and Smoothies



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Over 150 nutritious juices and smoothies - Juices and smoothies are packed with health-giving properties and can help combat ailments such as asthma and high blood pressure, as well as insomnia and hangovers - Quick and easy to prepare, each juice is guaranteed to boost health and vitality - Each juice and smoothie is accompanied by nutritional analysis detailing the vitamin, mineral and calorie content

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