

Chicken Soup for the Teenage Soul



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著者:Hansen, Mark Victor

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Your hopes, your dreams, your life - Chicken Soup for the Teenage Soul Journal gives you the perfect outlet to record your personal stories, feelings and experiences, in a way that is both fun and challenging. Sections called "Friendship," "Tough Stuff," "Follow Your Dreams" and more will help you to focus on what matters most to you, how to feel about your life, how to love yourself and others. With lots of space where you can write and where you can have friends and family share their feelings with you - it is also filled with great poems, thought provoking quotes, inspirational vignettes, and more. This Journal is sure to become one of your most valued keepsakes.

作者介绍:

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