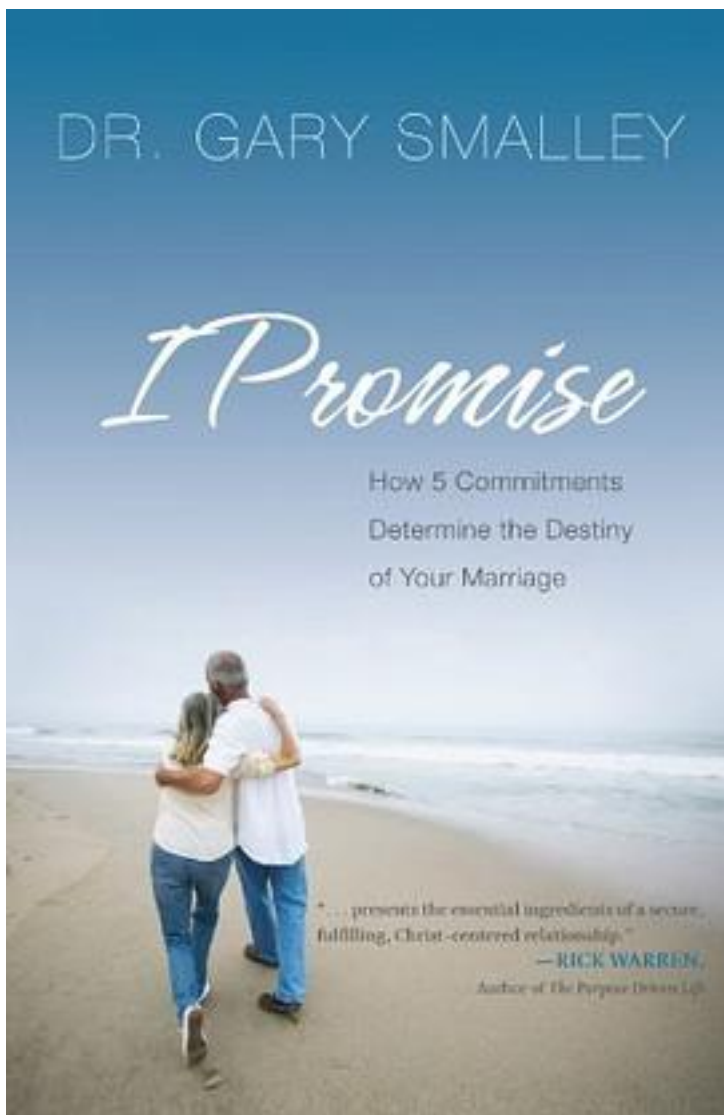


I Promise



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著者:Smalley, Gary

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In this audio, Dr. Gary Smalley discusses how five essential commitments determine the destiny of your marriage. America's foremost marriage expert has come to the remarkable conclusion that great marriages are not built on behavioral skills. Rather, they are built on a foundation of trust. If your spouse does not feel safe enough to open up his or her heart without fear of being judged, criticized, or rejected, nothing you do, such as learning to control your emotions, learning your partner's love language, or even becoming an expert in the bedroom, will matter. It's only when couples feel emotionally safe that they can truly become one, as God intended. Dr. Smalley shares five heartfelt promises you can, and should, make to your spouse that are guaranteed to build trust and help your spouse become the true soulmate, lover and friend you desire.

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