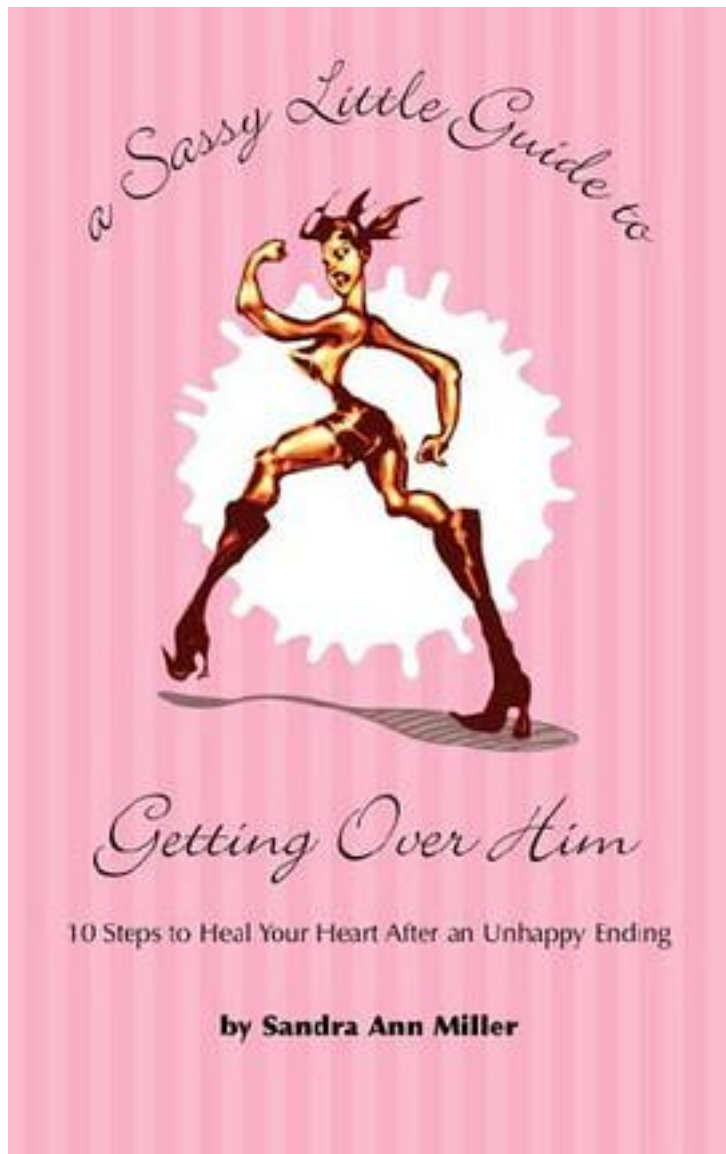


A Girlfriend's Guide to Getting Over Him



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A SASSY LITTLE GUIDE TO GETTING OVER HIM - 10 Steps to Heal Your Heart After an Unhappy Ending (SAME Ink) is a "reality check you can cash." Los Angeles-based writer Sandra Ann Miller mixes wit with wisdom gained from her own unhappy endings to help the newly single put the pain into amusing perspective. A SASSY LITTLE GUIDE TO GETTING OVER HIM sparks the revolution on how women handle the end of a relationship. The Guide's 10 Steps provide the survival skills required to make it through a breakup with dignity and pride intact. Laugh-out-loud humor is tempered with compassion as the reader is reminded that she determines her fate...not the man who broke her heart. A SASSY LITTLE GUIDE TO GETTING OVER HIM is short, sweet and to the sharp point of how to manage the hurt - as well as the burgeoning insanity - and start the healing. "A wonderful and helpful guide that every woman should have on her bookshelf. The ten steps are right on the mark. A SASSY LITTLE GUIDE TO GETTING OVER HIM is a funny and empowering antidote for a broken heart." Ellen Fein and Sherrie Schneider Co-authors of THE RULES "I wish I could have read this book years ago. Whether you're looking for the next Mr. Right or not, every woman can learn from A SASSY LITTLE GUIDE TO GETTING OVER HIM. It's just brilliant." Cheryl Tiegs Supermodel/Icon

作者介绍:

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