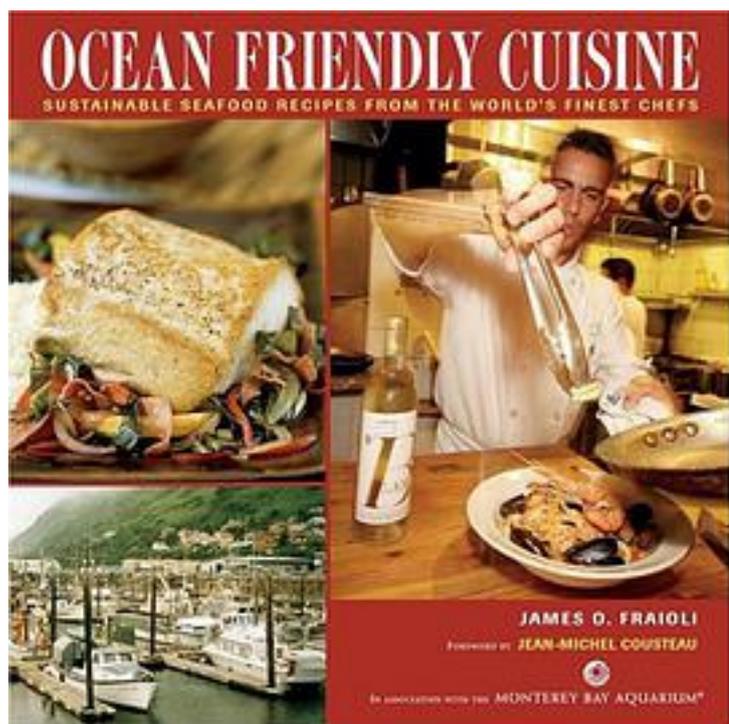


Ocean Friendly Cuisine



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Noted marine expert and author James O. Fraioli introduces 50 delectable and ethical "Best Choice" seafoods that should be selected when dining out or cooking at home. These abundant and well-managed species of fresh and saltwater fish, crustaceans and mollusks can be eaten with a clean conscience and culinary delight using 100 gloriously designed and photographed recipes from the world's finest chefs, including Jacques Pepin and Emeril Lagasse.

作者介绍:

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