

Bringing Italy Home



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Ursula Ferrigno embraces the Italian passion for good food made with the freshest natural ingredients. In this luscious, lushly photographed cookbook-the follow-up to her hugely successful "Truly Italian"-she brings together traditional vegetarian and fish recipes based around the seasonal produce that is the true heart and soul of Italian cooking. For each key ingredient, Ursula explains how the Italians like to prepare it, discusses the benefits of eating that food during its high season, and offers deliciously simple dishes to make-ranging from Wild Herb Frittata to Mixed Seafood Saute, from Crescenta of Mozzarella and Roasted Pepper to Swordfish Wrapped in Zucchini Flowers. It's irresistible

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