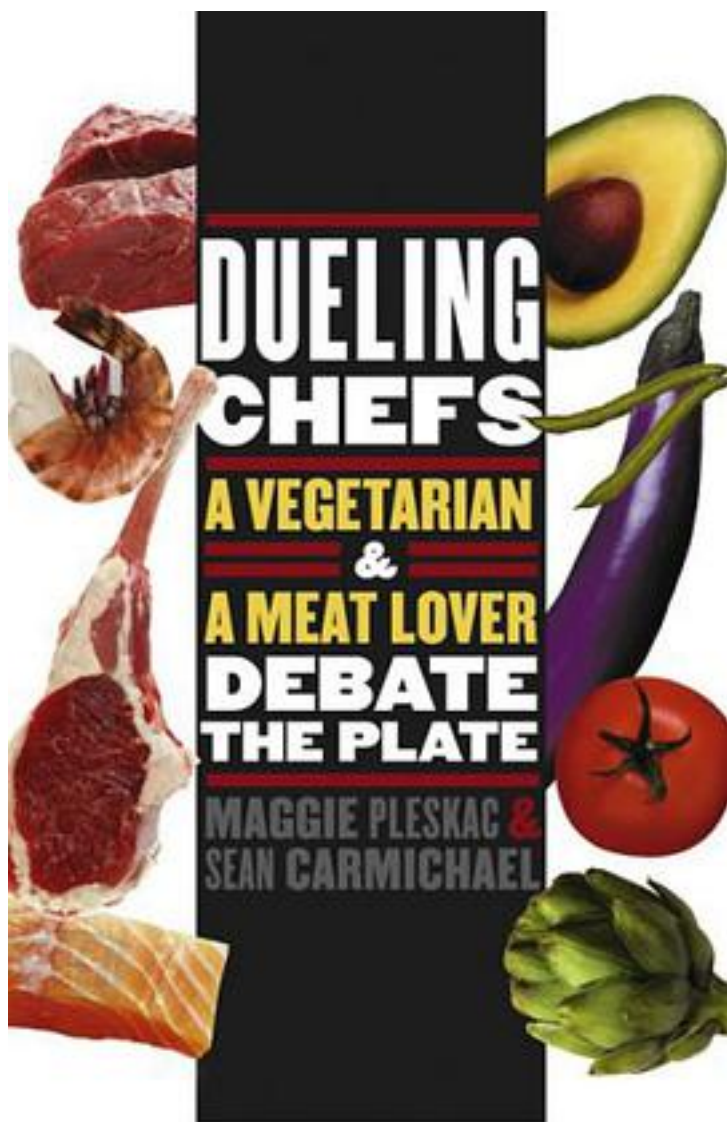


Dueling Chefs



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One eats meat. The other doesn't. Both are professional chefs. And both have recipes that make a deliciously persuasive case for each chef's point of view. In a delightful culinary turn on "he said, she said," dueling chefs Maggie Pleskac and Sean Carmichael engage in a delectable debate over the merits of the cuisines of vegetarians and carnivores in the form of recipe one-upmanship in which only the reader is sure to win. Between entertaining banter and edifying discussion of exciting ingredients, Pleskac and Carmichael challenge each other - and cooks everywhere - with eighty recipes as creative (and mouthwatering) as beef brisket with blueberry BBQ sauce and jackfruit pineapple BBQ on a bun. Lobster and falafel, curried eggs and smoked halibut, tempeh and quinoa, stuffed capon breast and chickpeas in coconut sauce, goulash and salmon cakes and bolshevik beet and blue gratin: whatever diet suits your fancy, the dueling chefs have dishes to make your days and nights as delightful as your taste buds can bear.

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