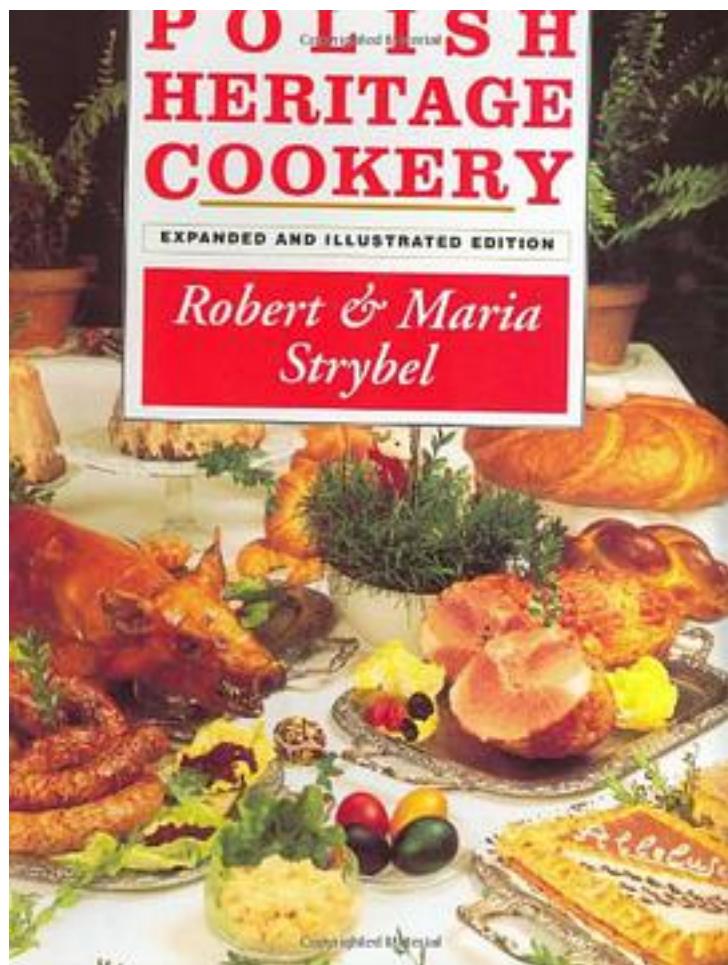


Polish Heritage Cookery



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著者: Strybel, Robert/ Strybel, Maria

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A perennial best-seller, this is the most extensive and varied Polish cookbook ever published. More than 2200 recipes use easily available American ingredients and

measurements. Modern Polish cuisine is a blend of hearty peasant dishes and more elegant gourmet fare, incorporating a broad cross-section of cultural influences. The book includes numerous cultural notes, historical accounts of Polish culinary traditions, and descriptive line drawings. Its expanded edition includes information on Polish products available in the United States, such as plum butter (powidl\`a), honey mushrooms (opie'nka), and kielbasa, and their culinary uses.

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