

Cooking with Your Kids



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出版者:Bristol Pub Enterprises

出版时间:2000-9

装帧:Pap

isbn:9781558672505

Families that cook together -- have more fun! The perfect combination -- nutritious meals and quality time with your children. Children love to cook, and with a little planning, they can. This book shows you how, with great recipes and step-by-step instructions for both children and adults. The results will be fun, tasty and educational. Features: Practical tips to guide and encourage children as they cut, scoop, measure and mix; Breakfast foods, main dishes, desserts, soups and salads; Lots of holiday recipes for special occasions; Family food ideas add excitement to mealtime routines.

作者介绍:

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