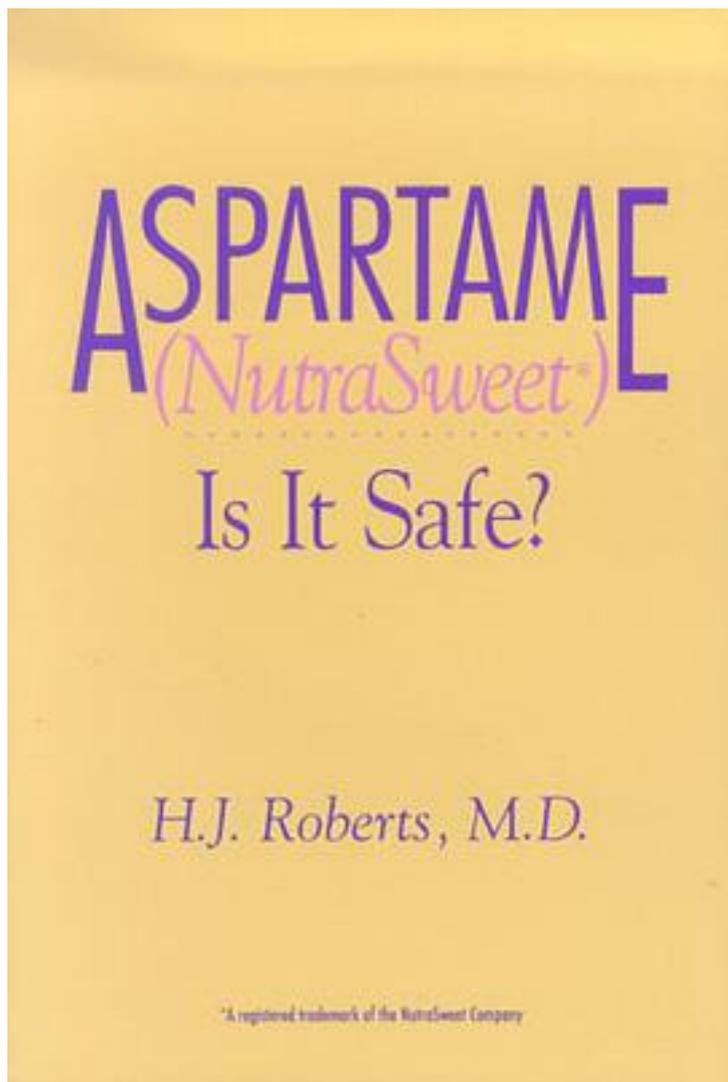


Aspartame



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著者:Roberts, H J

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Just how safe is the artificial sweetener aspartame (more commonly known as NutraSweet), currently used in some 6000 products and consumed by hundreds of millions of people? You may be surprised to learn that a number of medical problems are likely to be adverse reactions to products containing aspartame. Author HJ Roberts, MD, a board-certified internist with impressive credentials, first became suspicious of aspartame when he encountered an increasing number of patients with a wide variety of symptoms, such as headaches, mood swings, memory loss, dizziness, depression, insomnia, diarrhea and anxiety, among others. Based on hundreds of case studies, Roberts concluded that these unexplained symptoms were actually reactions to products containing aspartame. The book not only looks at the clinical picture of aspartame, but also describes how it received FDA approval without undergoing testing in humans, and how the United States Senate allowed this well-financed chemical additive to sail through the official government channels.

作者介绍:

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