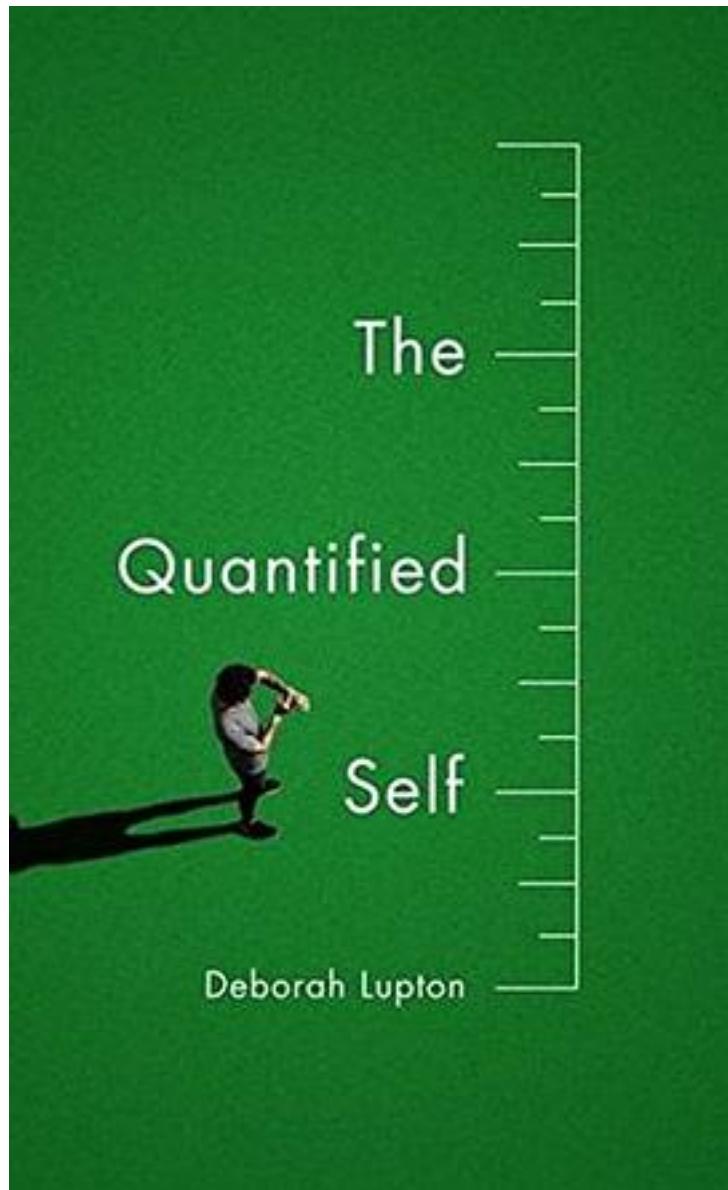


# The Quantified Self



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著者:Deborah Lupton

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With the advent of digital devices and software, self-tracking practices have gained new adherents and have spread into a wide array of social domains. The Quantified Self movement has emerged to promote 'self-knowledge through numbers'.

In this groundbreaking book Deborah Lupton critically analyses the social, cultural and political dimensions of contemporary self-tracking and identifies the concepts of selfhood and human embodiment and the value of the data that underpin them.

The book incorporates discussion of the consolations and frustrations of self-tracking, as well as about the proliferating ways in which people's personal data are now used beyond their private rationales. Lupton outlines how the information that is generated through self-tracking is taken up and repurposed for commercial, governmental, managerial and research purposes. In the relationship between personal data practices and big data politics, the implications of self-tracking are becoming ever more crucial.

作者介绍:

Deborah Lupton is Centenary Research Professor at the University of Canberra

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评论

有点啰嗦和重复，但毕竟是ground breaking的作品，多给一星。

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感觉像是大型文献综述，没有任何理论创新，基本还是她之前的那些东西，看了小标题就能猜到内容和她要引的人。这算是靠写作速度快占了一个坑而受到关注吧……

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书评

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