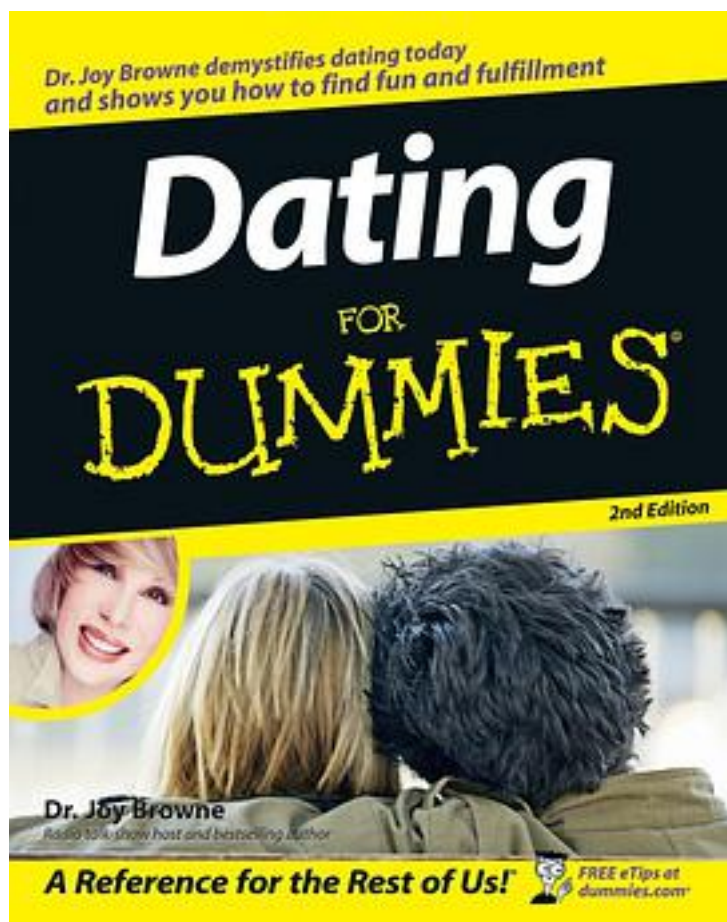


# Dating For Dummies



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著者:Browne, Joy

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If you're looking for a fun Saturday night date or a happily-ever-after mate, this is the guide for you. Whether you're young and haven't dated much or older and have been out of circulation so long you've forgotten how to flirt, dating can be intimidating. Author Dr. Joy Browne, America's favorite psychologist, demystifies the whole dating

process, from getting a date, plotting the place, and having a great time (or dealing with dud dates) to moving beyond a first date, playing it safe, and how sex can impact a budding relationship. In this new edition, Dr. Joy offers updated guidance on how to find a date, covering "speed dating," Internet dating services, and singles nights at grocery stores and other unexpected places. She delivers fresh pointers on a whole host of topics, including: \* Building your confidence and polishing your social self \* Determining if you're really ready to date \* How to meet and approach Mr. or Ms. Intriguing \* Where to go, what to do, what to wear, and what to avoid on the first date \* Taboo subjects, such as your ex, sex, politics, and religion \* Cell phone and e-mail etiquette \* Moving from dating to a successful relationship and the four stages of attachment \* Breaking up (just in case Mr. or Ms. Right wasn't) and avoiding pity parties and pitfalls \* The dos and don'ts of Internet dating

Dr. Joy Browne's nationally syndicated daily radio show is the longest running program of its kind. Dr. Joy has won numerous awards for her work including the American Psychological Association's President's Award and the Talkers Magazine award for Best Female Talk Show Host (two years in a row). She was #10 on the list of the 25 Greatest Radio Talk Show Hosts of All Time, and has been named one of the 100 Most Influential Talk Show Hosts nine times. Dr. Joy can frequently be seen on television as a guest on shows such as CBS' The Early Show, Oprah Winfrey and Larry King Live. Dr. Joy has authored: It's A Jungle Out There Jane, Dating for Dummies, The Nine Fantasies That Will Ruin Your Life, and Getting Unstuck. Dating For Dummies, 2nd Edition includes advice for special dating situations such as long-distance relationships, office romances, single parents, senior citizens, and more. It gives you worksheets to help you objectively analyze your date expectations and evaluate a relationship. Packed with real-world wisdom, confidence boosters, and a dash of humor, this is the guide to help you get out of exile, get into dating, and perhaps even get into a meaningful relationship.

作者介绍:

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标签

社会

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## 评论

沿袭了Dummy系列的一贯幽默性和详细性，仔细地盘点了约会的种种。不过有时看着看着也觉得，怎么这么多注意点，好烦啊，记不住学不会。。。果然我们这种非正常人会比较麻烦。不过既然大部分时间要和正常人交往，还是学一下人家的方式比较好。

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嗯...当作有趣的比较文化学读物也不错。

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## 书评

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