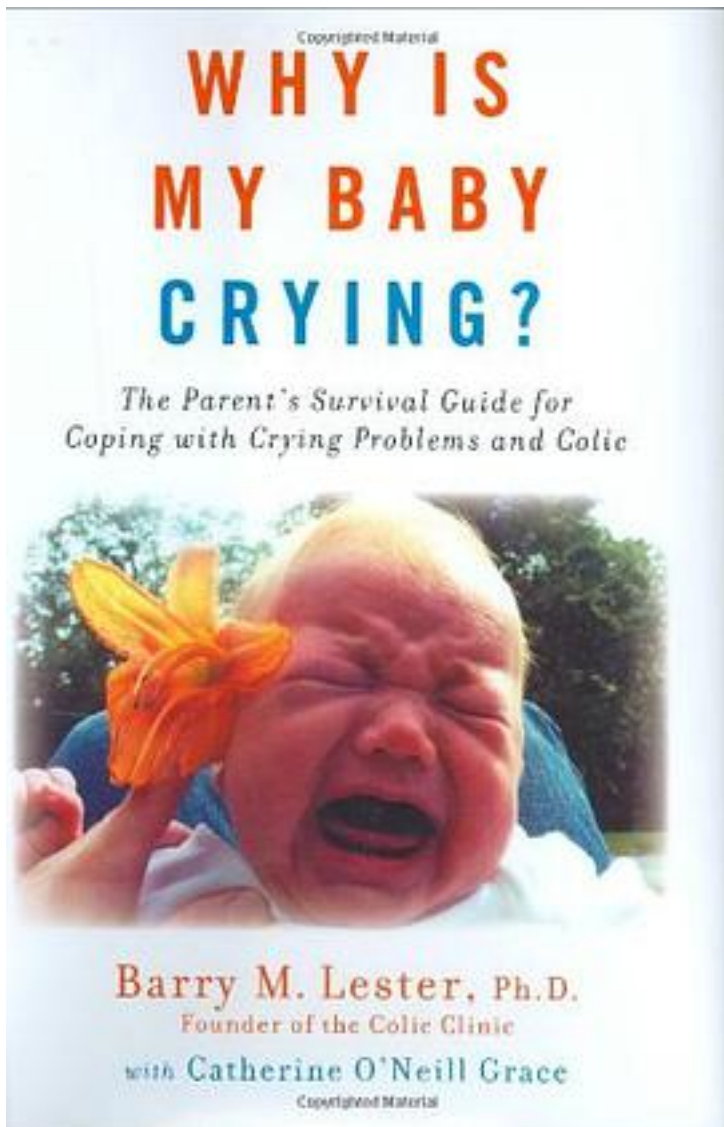


# Why Is My Baby Crying?



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Each year, of the approximately four million babies born, 800,000 suffer from colic: excessive crying that causes extreme distress to parents and children. In this informative and accessible guide, renowned colic expert Barry M. Lester, Ph.D., explores the science of colic and its long-lasting effects on the physical and emotional health of the child and family. He provides simple, proven strategies and detailed clinical suggestions for alleviating the array of symptoms associated with crying problems. With sympathy and candor, Dr. Lester gives encouragement, support, and hope to moms and dads as they navigate this first crisis in the parent-child relationship.

作者介绍:

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