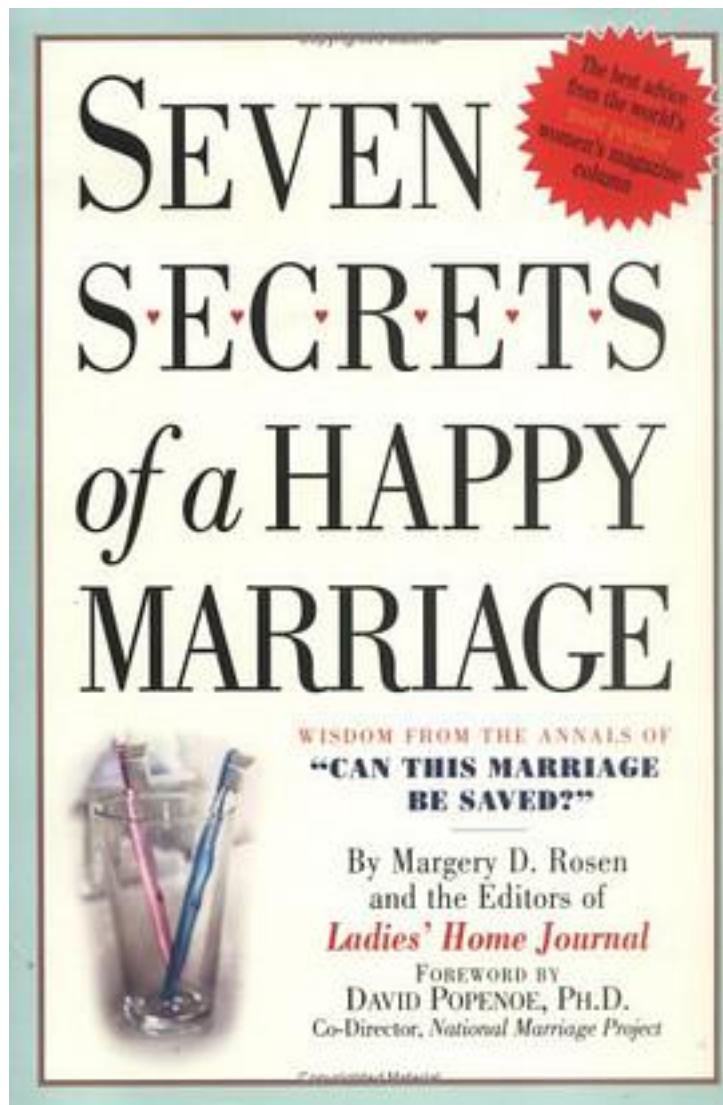


Seven Secrets of a Happy Marriage



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There's good reason why the Ladies' Home Journal's "Can This Marriage Be Saved?" is the most popular and enduring women's magazine column in history. Profiling real-life case studies of marriages in crisis and each couple's efforts to find happiness, the stories are riveting and the advice, from professional marriage therapists, is keenly insightful, revealing the central truths of successful relationships.

"Can This Marriage Be Saved?" has celebrated its 50th anniversary and reappears in book form as *Seven Secrets of a Happy Marriage*. With a new introduction by the son of the column's first marriage counselor; a new interactive workbook section; and 30% new material, *Seven Secrets of a Happy Marriage* uses the column's most memorable cases to illuminate the essential steps to creating a marriage that works: Build Trust, Communicate, Fight Fair, Defuse Power Struggles, Balance the Bottom Line, Keep Intimacy Alive, and Be Partners, Not Just Parents. Central to the book is the column's enormously appealing "he says, she says, counselor says" format; the constructive, universally relevant counsel; and, of course, the fascinating and intimate access inside other people's lives--such as one couple whose marriage was salvaged from the ruins of the World Trade Center. You hear it all.

作者介绍:

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