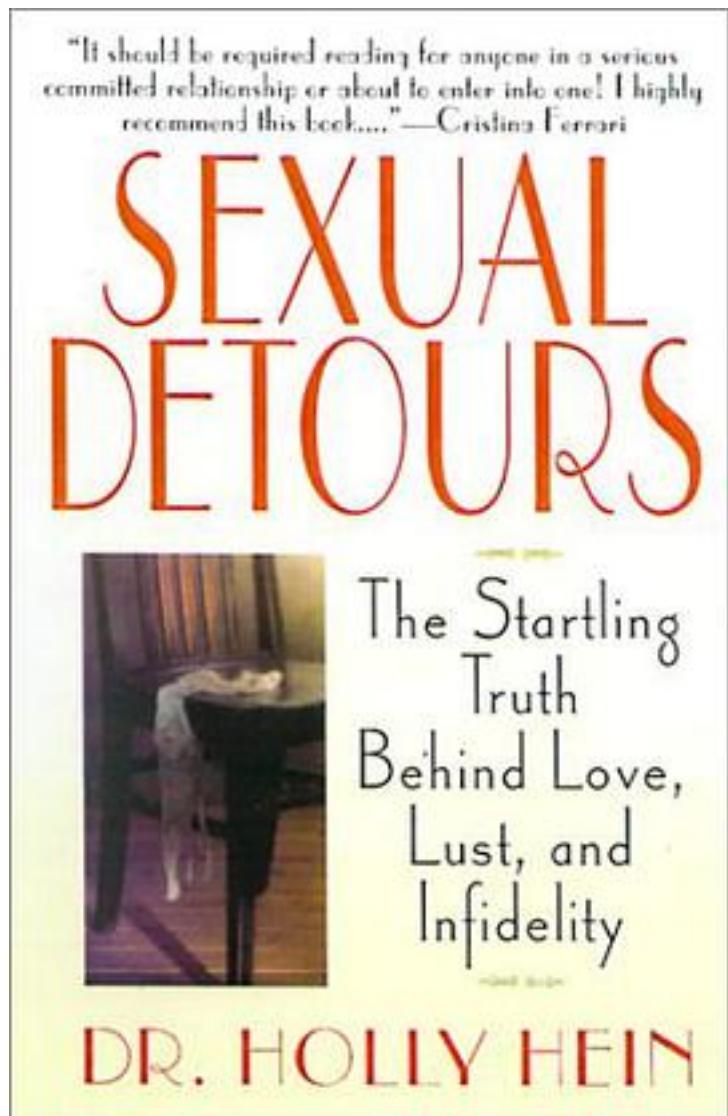


Sexual Detours



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With insight and sensitivity, Dr. Holly Hein leads on a voyage of discovery that explores the true meaning behind our sexual detours. She shows us why we do it, how we do it, and what to do about it. Dr. Hein clarifies why an affair reveals more about ourselves than about our sex lives; why it is more about the chemistry of escape than about sexual lightning. And, ultimately, she explains why an affair is more about the betrayal of the self than it is about breaking marriage vows. This book is for anyone who has ever been beguiled by the idea of romance, entangled in a clandestine relationship, devastated by betrayal, forced to recover from loss, or even simply hoped to find love and happiness. In short "everyone."

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