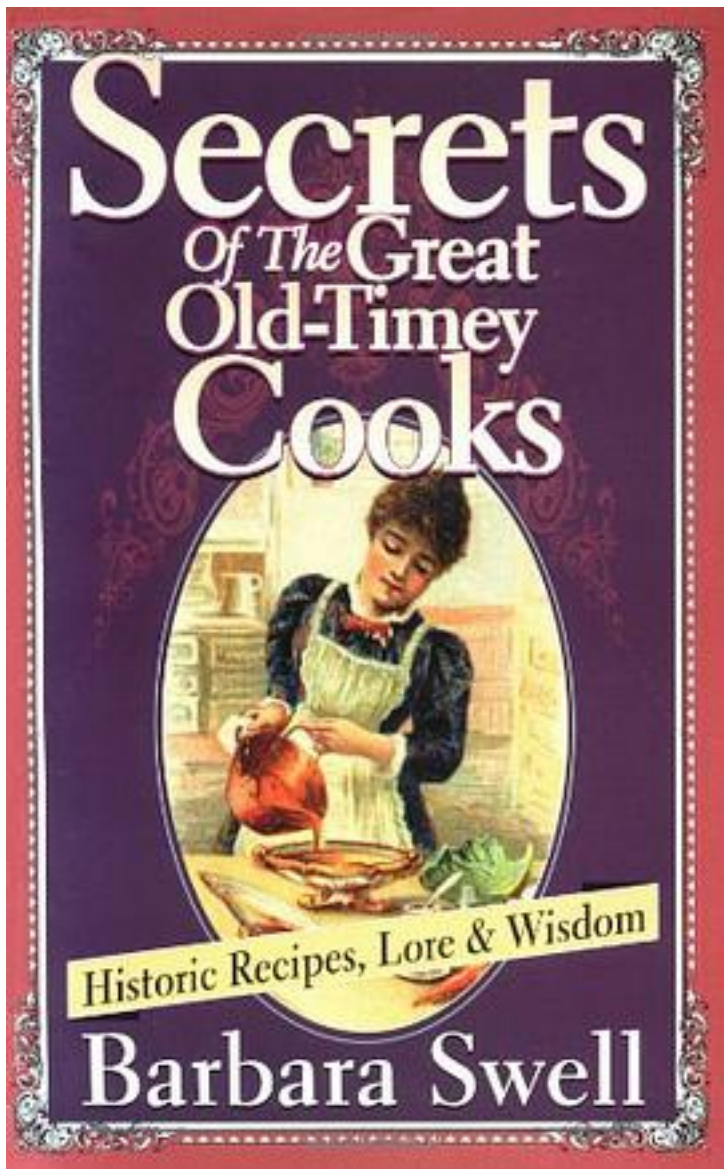


# Secrets of the Great Old-Timey Cooks



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Reminisce about a simpler time as four 20th century mountain pioneer women share their cooking secrets. These great old-timey cooks stir in their own wisdom and tales of growing up on rural farms, where they prepared delicious meals by lantern light on wood cookstoves. Included are heirloom recipes, proverbs, folk remedies, 80 vintage photos, 19th century autograph rhymes and lots of stories.

作者介绍:

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