

Comprehensive School Health Education



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A market leader, this book continues to be the most thorough text and resource for preparing elementary-, middle-, and secondary-school teachers to teach health. Students who use this text in a methods class keep it as a reference for student-teaching and throughout their teaching career. They rely on the practical strategies and methods that the book provides, as well as on its comprehensive Curriculum Guide: an organized, sequential K-12 plan for teaching students the information and skills they need to become health-literate, to maintain and improve their health, to prevent disease, and to reduce risky health-related behaviors.

作者介绍:

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