

Food for Thought



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Following the success of Simon Courtauld's first anthology, "Food for Thought: Fruit, Herbs, and Vegetables," comes a second, equally entertaining collection by this top food writer. Filled with witty observations, delicious descriptions, and eye-opening anecdotes-- as well as quirky illustrations-- this lively guide navigates ocean, sea, river, and freshwater stream to produce some mouth-watering morsels about fish and seafood. Courtauld's tantalizing tidbits focus on the luxuries of lobster, how to catch a crab, bringing home the bouillabaisse, the global delights of mackerel, the ethics of shopping for salmon and cod, and time honored classics like raw oysters and shrimp cocktail.

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目录:

[Food for Thought_下载链接1](#)

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