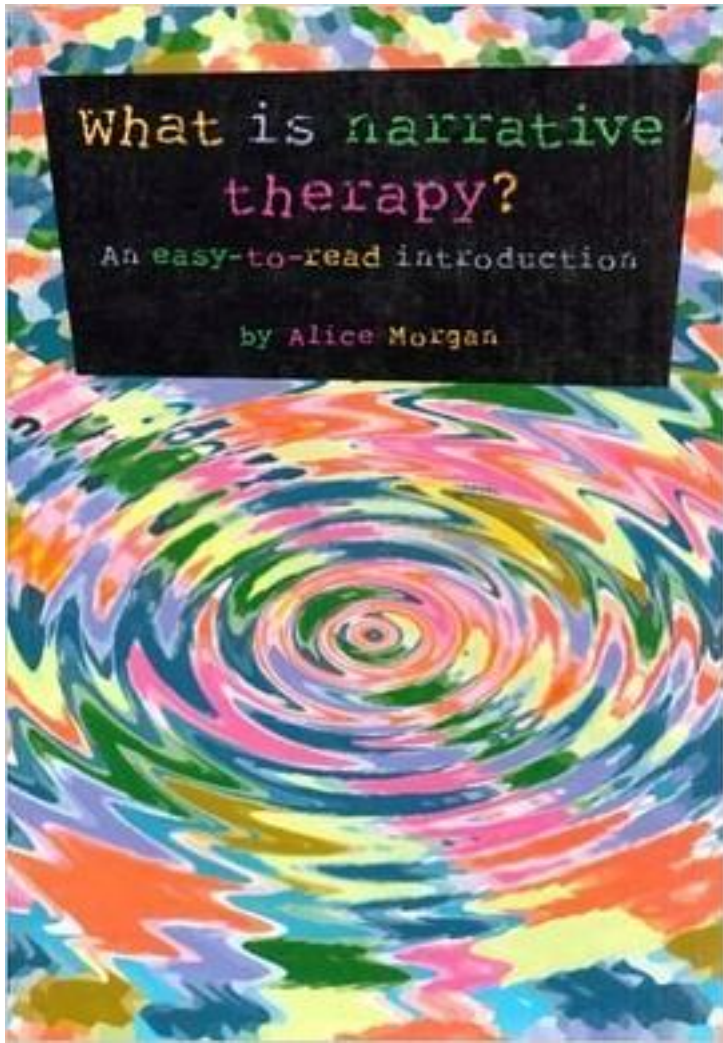


# What is Narrative Therapy?



[What is Narrative Therapy? 下载链接1](#)

著者:Alice Morgan

出版者:Dulwich Centre Publications

出版时间:2000-12-31

装帧:平装

isbn:9780957792906

From the back cover: 'What is narrative therapy? This easy-to-read introduction seeks to answer this question through the use of accessible language, a concise structure and a wide range of practical examples. This book covers a broad spectrum of narrative practices including externalisation, re-membering, therapeutic letter writing, the use of rituals, leagues, reflecting teams and much more. If you are a therapist, health worker or community worker who is trying to or wanting to apply narrative ideas in your own work context, this book has been written with you in mind.'

作者介绍:

目录:

[What is Narrative Therapy? 下载链接1](#)

## 标签

叙事治疗

社会工作

澳大利亚

心理学

心理咨询与治疗

SW

## 评论

叙事疗法课的教材之一，非常好读、易懂的一本书。对专业术语解释很清楚，案例丰富，并且对解构和重述等重要过程的步骤都给出了可以在临床环境下拿来用的问题列表。

-----

人类首先给自己一个故事情节（plot），然后以这个情节为轴心，组织和诠释自己经历的事件。喜欢这个疗法的理念，这套理论很科学。书比较浅显：第一部分有一些基本概念；第二部分全部是形式主义的东西，没价值。|2017年2月3日读过，补记。

-----  
简单浅显，却又太浅了

-----  
[What is Narrative Therapy? 下载链接1](#)

书评

-----  
[What is Narrative Therapy? 下载链接1](#)