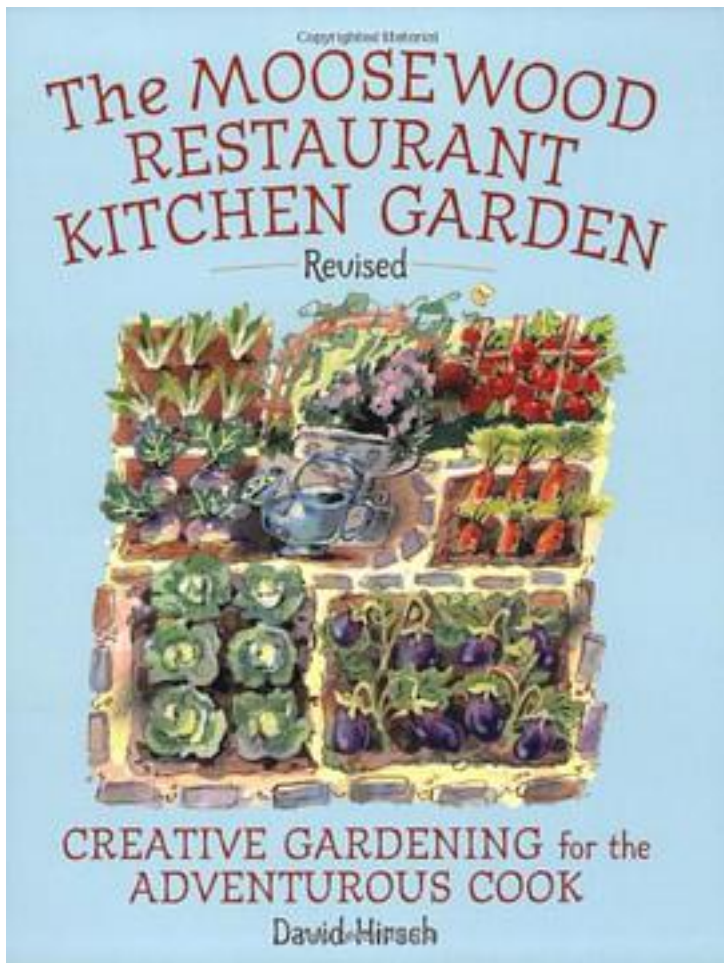


The Moosewood Restaurant Kitchen Garden



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It happens every season but still inspires awe-tiny plants emerge from quarter-inch seeds and grow to five feet tall in a matter of weeks. The physical and sensual satisfaction of nurturing a garden is surpassed only by the pleasures of preparing and

eating the fruits of your labor. In The Moosewood Restaurant Kitchen Garden, long-time Moosewood Collective member David Hirsch shares his expertise on growing, harvesting, and cooking with more than 75 vegetables, herbs, and edible flowers. This completely revised, comprehensive guide to culinary gardening also features information on heirloom varieties (many of which aren't available in local markets), basic gardening techniques, and practical ideas to help new and experienced gardeners design their plots. Including culinary tips for simple vegetable and herb preparations as well as 70 recipes, The Moosewood Restaurant Kitchen Garden will inspire home cooks to make full use of their backyard harvests, taking homegrown seasonal food to a delicious and bountiful new level. The ideal companion to gardening for the kitchen from Moosewood Collective member David Hirsch. Culinary tips and charming anecdotes accompany discussions of each fruit, vegetable, and herb. Thanks to the proliferation of sustainable, organic farming over the last 20 storied years, and with ongoing support from famous foodies like Alice Waters, the general population is becoming increasingly knowledgeable about the benefits of organic foods and increasingly appreciative of local harvests. Previous edition sold 80,000 copies.

作者介绍:

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