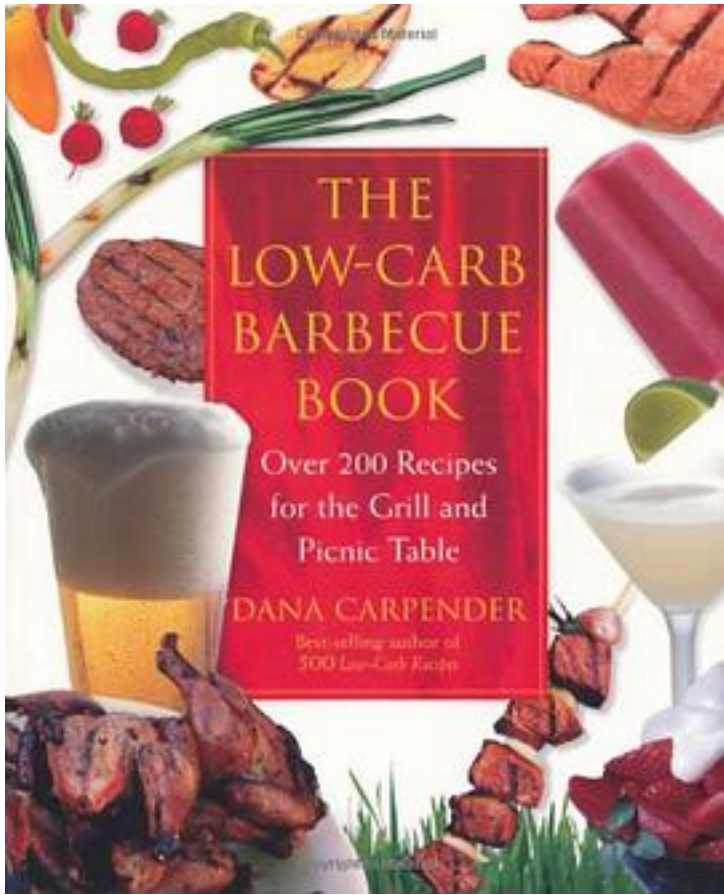


The Low-Carb Barbecue Book



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出版者:Quayside Pub Group

出版时间:2004-4

装帧:Pap

isbn:9781592330553

Over 200 recipes for backyard picnics and barbecues, from meats to side dishes to cocktails to desserts, that are all low in carbohydrates. This book features all-new recipes for condiments, sauces, and marinades that can replace the sugar-laden, store-bought varieties and allow the low-carber to enjoy previously forbidden foods

like Honey-Glazed Babyback Ribs and pina coladas.

作者介绍:

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