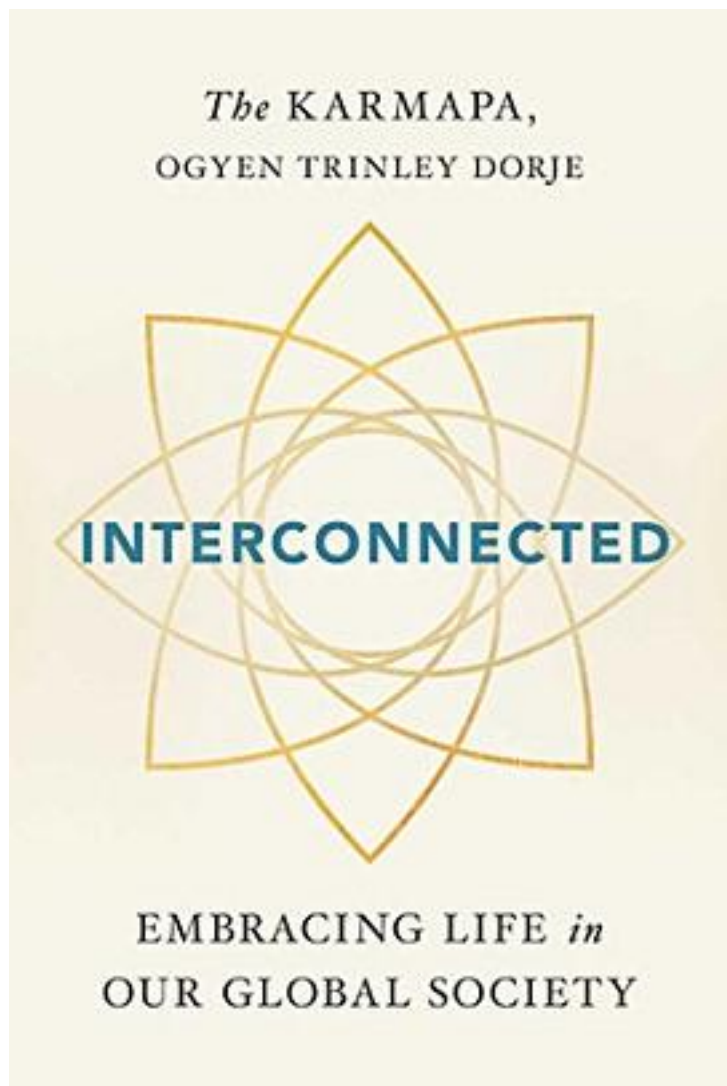


# Interconnected



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We have always been, and will always be, interconnected—through family, community, and shared humanity. As our planet changes and our world grows smaller, it is vital we not only recognize our connections to one another and to the earth but also begin actively working together as interdependent individuals to create a truly global society.

The Karmapa, Ogyen Trinley Dorje, is uniquely positioned to guide us in this process. Drawing on years of intensive Buddhist training and a passionate commitment to social issues, he teaches how we can move from a merely intellectual understanding to a fully lived experience of connection. By first seeing, then feeling, and finally living these connections, we can become more effective agents of social and ethical change.

The Karmapa shows us how gaining emotional awareness of our connectedness can fundamentally reshape the human race. He then guides us to action, showing step by step how we can change the way we use the earth's resources and can continue to better our society. In clear language, the Karmapa draws connections between such seemingly far-flung issues as consumer culture, loneliness, animal protection, and self-reliance. In the process, he helps us move beyond theory to practical and positive social and ethical change.

作者介绍:

His Holiness the Karmapa, Ogyen Trinley Dorje, is the head of a 900-year-old lineage and one of Buddhism's most important spiritual leaders. He is known for his commitment—grounded in rigorous Buddhist education—to advancing universal human values. He is the seventeenth incarnation in the Karmapa lineage, which dates back to the twelfth century.

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