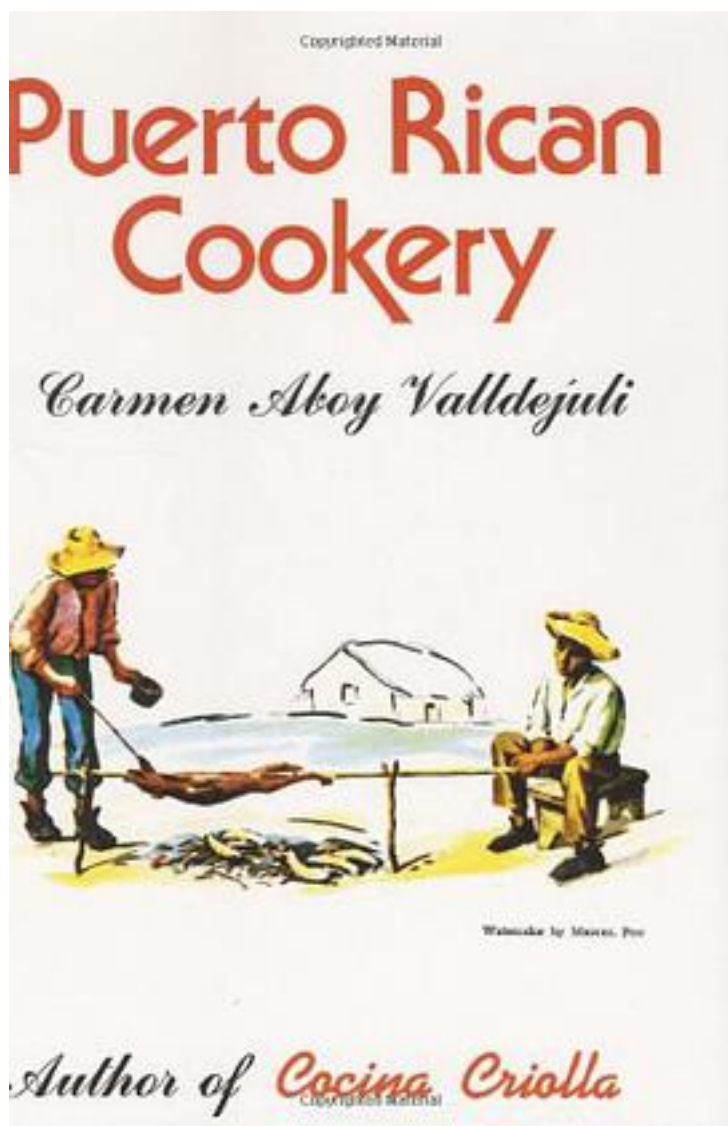


Puerto Rican Cookery



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As bewitching as an off-shore breeze, the recipes in this book plumb the mysteries of native dishes in accurate and easy-to-follow details that assure the success of every recipe. In her book, the author traces the development of traditional native cookery (cocina criolla) and reveals secrets of the essence of Puerto Rican cookery -- keymark to fabulous island delicacies. The book is divided into the following sections: Soups; Meats; Poultry; Fish and Shellfish; Eggs and Vegetables; Fritters and Croquettes; Pasta Dishes; Salads and Cold Dishes; Rice Dishes and Legumes; Cakes and Icings; Pies, Custards and Creams; Coconut Desserts; Preserves and Other Desserts; Ice Creams, Sherbets, Sandwiches and Beverages; Rum Drinks.

作者介绍:

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