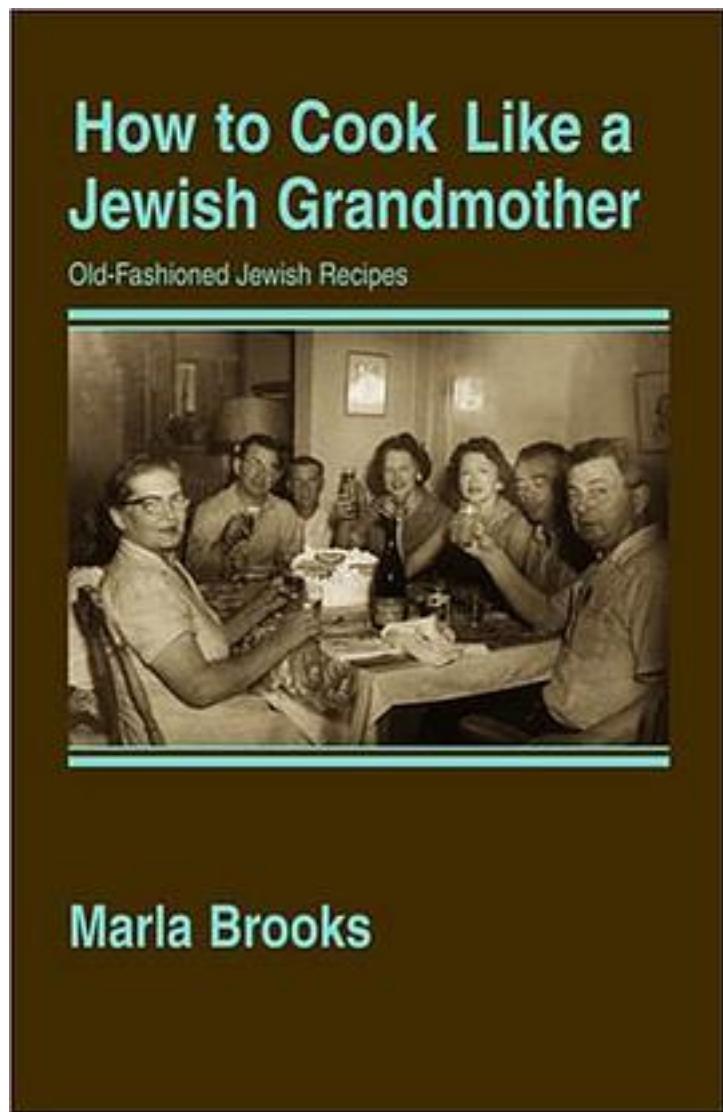


How to Cook Like a Jewish Grandmother



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When you're raised by a grandmother whose life ambition is to see that all of her family and friends are fed palate-pleasing traditional dishes, the apple strudel doesn't fall far from the tree. Whenever people came to visit Marla Brooks's grandmother, the first question was always "What can I get you to eat?" soon followed by "Here, have a little bit more." Over time, Ms. Brooks has come to follow in her grandmother's footsteps, and always has something tasty to offer guests. In this time of healthy cooking and healthy eating, crowd-pleasing and satisfying, full-flavor meals are often left behind. This cookbook contains no calorie counts, carbohydrate statistics, or other nutritional guidelines. You don't have to be a Jewish grandmother to cook like one, nor to eat like one. But it is often said that in a Jewish grandmother's way of thinking, love and food are synonymous. If that is the case, this is a book full of love. Wholly dedicated to good old-fashioned taste, these family recipes--many from the author's grandparents' delicatessen--include everything from knishes to blintzes, with some borscht and kugel thrown in. There are also recipes from celebrities such as Richard Simmons and Dr. Ruth Westheimer, and crowd-pleasers like brisket, matzo ball soup, chicken wings, and much more. Whether you are a novice cook or an experienced gourmand, these recipes are easy to prepare and sure to please.

作者介绍:

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