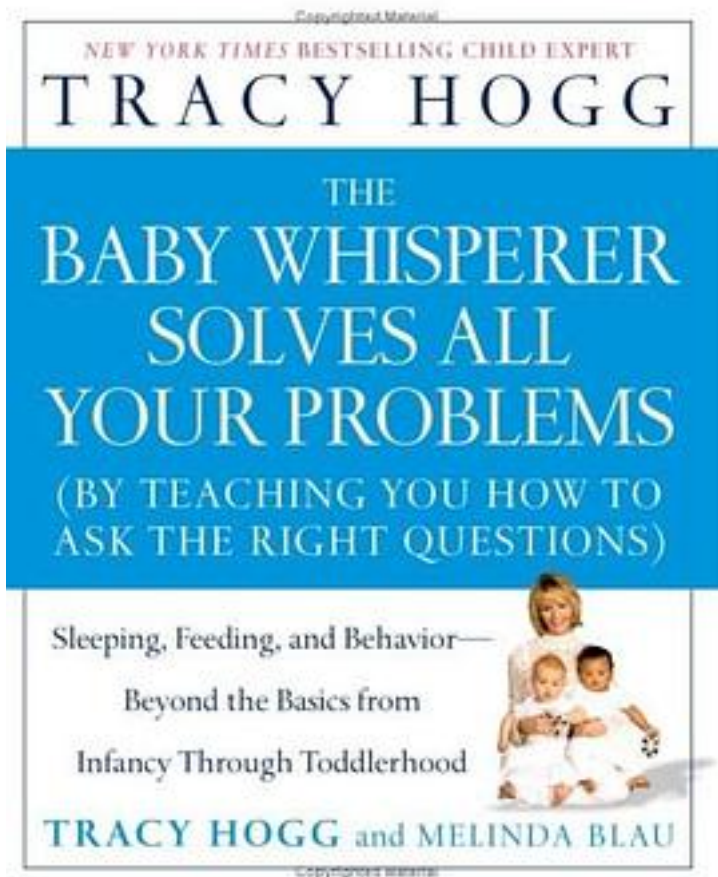


The Baby Whisperer Solves All Your Problems



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著者:Hogg, Tracy

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The third book in the bestselling Baby Whisperer series -- the most comprehensive, up-close, and personal to date

Thousands of parents have asked the Baby Whisperer to help them solve their

problems. With this book you too can take advantage of the advice, insights, and parenting techniques from beloved child expert Tracy Hogg. "A problem is nothing more than a situation calling for a creative solution," she reminds us. "Ask the right questions and you'll come up with the right answers."

Once you learn how to translate "baby language," the "baby-language" your infant uses to communicate needs, feelings, and opinions, you can see your child for who he or she really is -- an understanding that will serve you well as your child blossoms into the toddler years. By helping you establish a daily routine and tailor your parenting strategies according to your child's unique personality and stage of development, Tracy will teach you how to:

- Ask the Twelve Essential Questions to recognize potential problems and employ the Twelve Principles of Problem Solving -- simple troubleshooting techniques for everyday situations

- Avoid, or remedy, accidental parenting -- inadvertent adult behavior that often leads to such common parenting challenges as sleep problems, poor eating habits, separation anxiety, and tantrums

- Be a P.C. parent -- "patient and conscious" -- who knows how to detect prime times -- windows of opportunity for teaching babies how to get to sleep on their own, introducing bottles to breast-fed babies, toilet training, and other growth issues

- Inhibit runaway emotions and foster his or her emotional fitness -- the ability to understand and manage feelings

...and so much more. For Tracy's fans, this book will be a welcome addition to the Hogg library; for readers unfamiliar with her philosophy of care, it will open a new world of understanding and insight.

作者介绍:

Tracy Hogg (August 1960 – 25 November 2004) was a British nurse and bestselling author. Her experiences as a nurse at St. Catherine's Hospital for the Mentally Handicapped and other hospitals led to a career as a child care expert. She was nicknamed "the baby whisperer" for her ability to placate infants. Hogg emigrated to the United States in 1992 and became famous in her last years for guiding young parents in California, among them Jodie Foster, Cindy Crawford, Jamie Lee Curtis and Calista Flockhart. Her fee for 3 weeks of babysitting was said to be over \$15,000.

Her first book, *Secrets of the Baby Whisperer: How To Calm, Connect, and Communicate With Your Baby*, co-authored by journalist Melinda Blau, was published in 2001. It became a New York Times bestseller. One year later, *Secrets of the Baby Whisperer for Toddlers* was published and became a national bestseller as well.

In June 2002 Hogg teamed up with Discovery Health in Great Britain to produce a fifteen-part television series entitled *The Baby Whisperer*. In 2004, as she was battling cancer, Hogg and Blau collaborated on *The Baby Whisperer Solves All Your Problems*. Hogg died of melanoma on 25 November 2004.

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