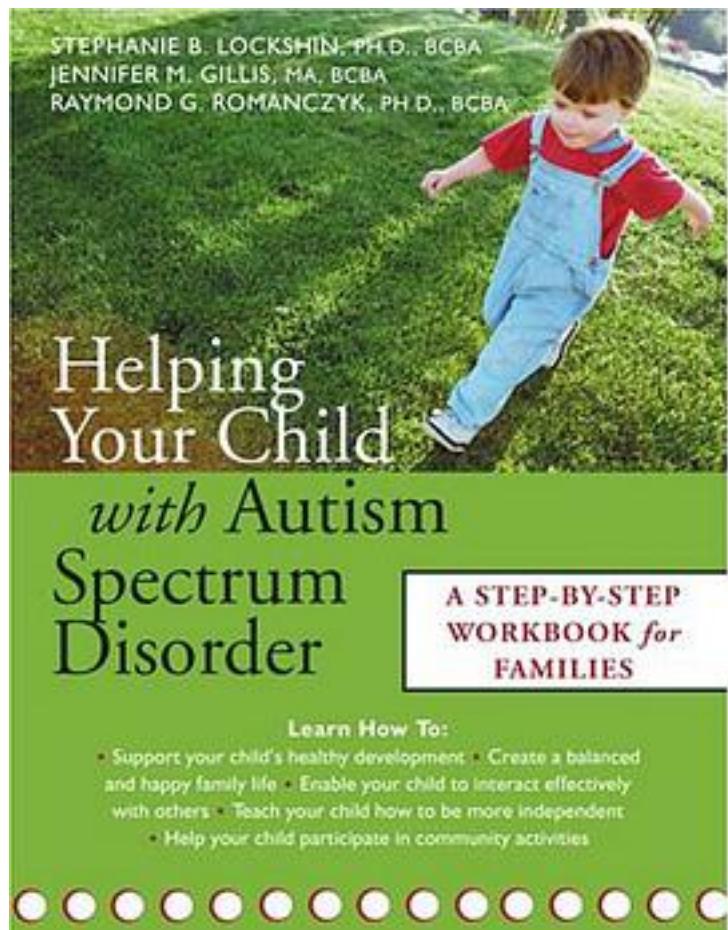


Helping Your Child with Autism Spectrum Disorder



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Autism spectrum disorders (ASDs) are characterized by severe developmental impairments, including lowered social function and communication skills. Having a child with an ASD greatly stresses the emotional, financial, and social resources of the

family. With this workbook, parents learn the latest and most effective ASD management techniques for their children, including the use of the family enhancement treatment model designed by the authors-a program that provides step-by-step guidelines for fostering children's abilities and enhancing the health of the whole family. The book encourages parents to seek a balance between child-centered and family-centered goals. Parents learn how to assess their children's needs and create a personalized intervention plan compatible with the family's resources, goals, and priorities. Worksheets guide parents through the assessment and decision making process. The family enhancement plan shows how specific family needs can suggest specific child-centered target behaviors. When accomplished, these behavior goals-like the accomplishment of certain chores or the ability to go with the family on an outing or errands-will benefit both child and family.

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