

# Green This! Volume 1



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Change the way you clean and keep your family's home wholesome and healthy with the help of expert and activist Deirdre Imus. We all grew up thinking chemical smells like bleach and ammonia signaled "clean." But as Deirdre Imus reveals, some of the

chemicals we use to maintain our homes are doing us and our families much more harm than good. In "Greening Your Cleaning," the first in her "Green This" series, Deirdre shows how cleaning house the environmentally responsible way can be as effective and often cheaper than the more traditional, toxic, means. This volume includes: Simple, efficient cleaning methods for every room of the houseSpotlights on everyday products (all purpose cleaner, glass/window cleaner, laundry detergent) and the toxic ingredients you should be wary ofSummaries of the latest research on the toxic effects of ordinary chemicalsResource lists of widely available "green cleaning" products and retailers Filled with tips and testimonials, "Greening Your Cleaning" will show you how to streamline your cleaning products and practices, and how easy it is to make "living green" your way of life.

作者介绍:

目录:

[Green This! Volume 1 下载链接1](#)

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