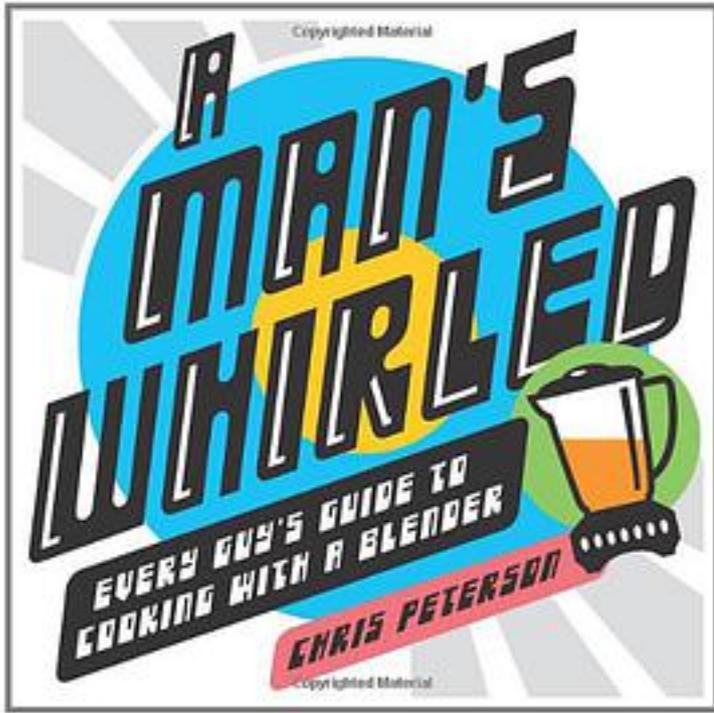


A Man's Whirled



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If you have more takeout menus than forks, you need help. With A Man's Whirled and a blender you don't need to become a master chef to cook a delicious meal. As easy as pushing a button, A Man's Whirled is a foolproof formula for making great meals to impress dates, entertain friends, and make Mom worry just a little less. Whether you're just sliding out of college or slipping into the single life, your success in the kitchen is guaranteed with these simple and delicious recipes and no-mess cleanup. From weeknight meals to game-day festivities, from comfort food to a romantic dinner for two, all the recipes in this book can be prepared easily with the help of a blender. Casual get-togethers call for a Super Bowl of Salsa and Gridiron Guacamole. The Red

Velvet Roasted Pepper Soup and Goat Cheese Timbales are perfect for an intimate dinner. Memorable Meatloaf and Garlic Mashed Potatoes are guaranteed to please, especially followed by mouthwatering desserts like Decadence Cake and Strawberry Fields Chiffon Pie. Plus there are recipes for tantalizing cocktails, breakfast treats, smoothies, and more. A Man's Whirled provides inside tips and advice for shopping, prepping, serving, and generally making the most of any meal. When it comes to whipping up delicious meals fast, it doesn't get any easier than this. Gentlemen, start your blenders.

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