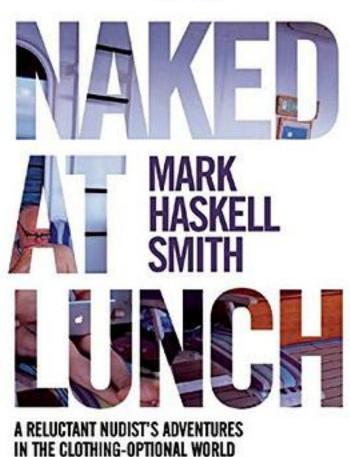
# Naked at Lunch

"Naked at Lunch is a total joy."

— Meghan Daum -



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著者:Mark Haskell Smith

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In the great wandering tradition of Bill Bryson, Louis Theroux and Jon Ronson, journalist Mark Haskell Smith strips down the world of social nudism in a hilarious, wildly entertaining and profoundly enlightening book about those who renounce clothing and embrace what lies beneath.

Naked at Lunch is one man's cracklingly witty, compellingly odd and oddly life-affirming journey into the subculture of nudism. Celebrated journalist Mark Haskell Smith meets, and indeed joins, those shucking off social conventions by shucking off their clothes - he hikes bareback in the Alps with a naked rambler's society, he buys baguettes in the buff in a French resort and he meets the marginally dressed mayor of a Spanish clothes-optional municipality. But this is not just a book of naked adventures and sun-ripened genitals. It is a study of 20th-century Western cultural and social mores; a record of radical history and politics practised by those made radical by their refusal to get dressed; a heartfelt celebration of the simple joys of being alive; and a full-blooded war cry for reclaiming pride in our bodies and rejecting those who would make us ashamed.

### 作者介绍:

馬克・哈斯凱爾・史密斯(Mark Haskell Smith)

現居在洛杉磯,愛吃墨西哥菜。作品曾刊登在《洛杉磯時報》、《洛杉磯書評》、《沙龍》、《禿鷹》等,現在是加州大學河濱分校棕櫚沙漠研究中心寫作及表演藝術寫作藝術碩士的助理教授。

著作有非小說文學:《黑暗之心:地下植物學家、亡命農民和大麻盃比賽》(Heart of Dankness: Underground Botanists, Outlaw Farmers, and the Race for the Cannabis Cup)小說:潮濕 (Moist)、美味 (Delicious)、鹹味 (Salty)、烘烤 (Baked)、原始:一則愛情故事 (Raw: A Love Story)

#### 譯者簡介

## 張裴喬

「頭腦簡單,四肢不發達。第一部翻譯作品就是《裸體吃午餐》; 而練習開放心態的首要目標, 就是不帶害羞、大大方方地跟旁人分享這本書。希望未來真能有勇氣裸體吃午餐, 享受空氣浴的美好時光。」

目录:

Naked at Lunch\_下载链接1\_

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# 评论

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## 书评

作者以新手的身分四處嘗試天體的經驗,有的除了裸體,真的和其他事沒兩樣;有的像阿格德角,性與裸體的界線幾乎蕩然無存,連天體主義者都嗤之以鼻,可見當很多人把天體與性扯在一起時,天體主義者倒想劃清界線,這就像一個理論有各種派別各自闡述,天體主義對不同人來說,也大...

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Naked at Lunch 下载链接1