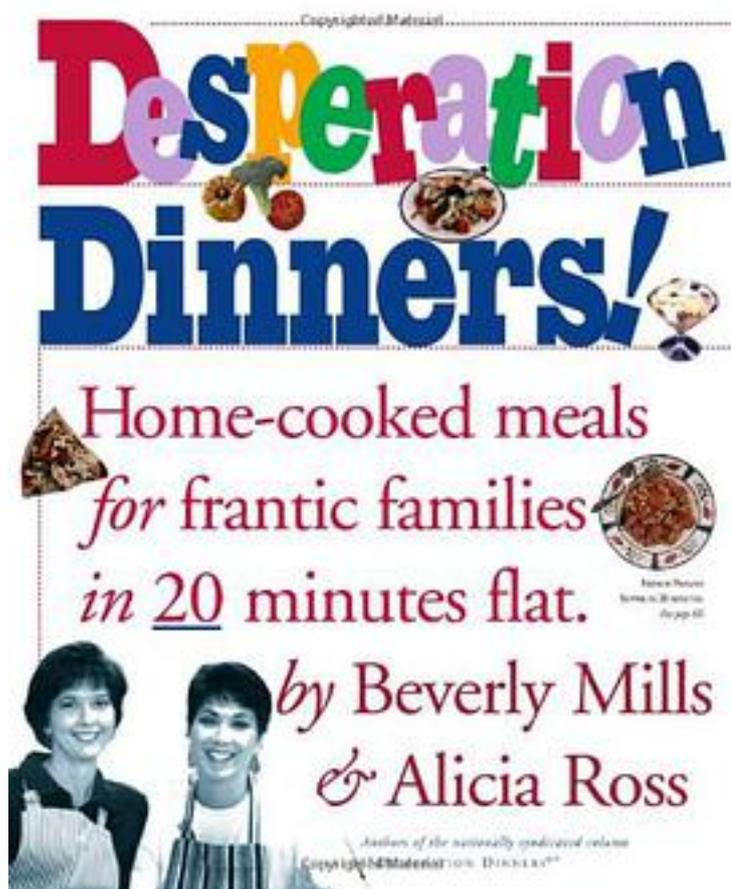


Desperation Dinners



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著者:Beverly Mills

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Developed from "Desperation Dinners," their nationally syndicated food column, Beverly Mills and Alicia Ross have created a book the features over 250 recipes with

tips, time-saving techniques, stocking the kitchen, and more. Even better: they make an unbeatable promise: all the recipes in the book can be done in 20 minutes flat. By taking brilliant advantage of convenience foods-frozen chicken breasts, washed and cut vegetables, pre-baked pizza crusts, salsas, and more-and using easy-to-master techniques (doing different tasks at the same time, "pushing" flavors with bold seasoning), the authors deliver: Barbecued Shrimp on Spicy Rice, Lazy Lo Mein, Pork au Poivre, Lime-Garlic Chicken Saute, Minute Minestrone, Garlic-Roasted Salmon, Mom's Mini Meat Loaves, Individual Lemon Ginger Trifles, Heavenly Cream Cake. Now with over a million copies in print. Illustrations throughout.

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