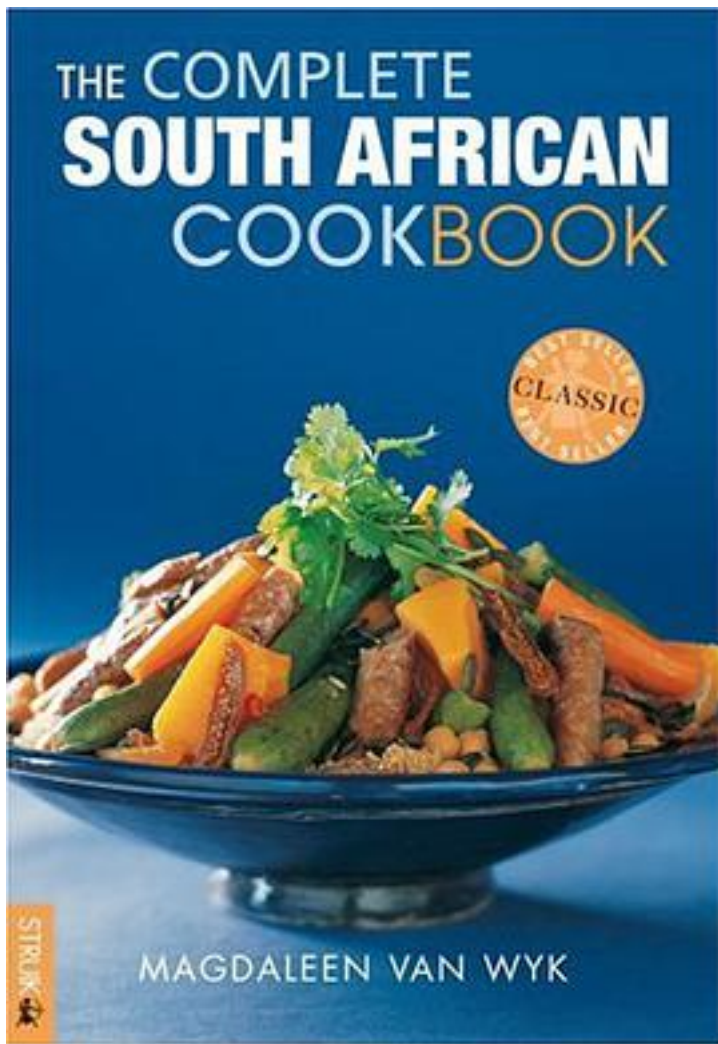


The Complete South African Cookbook



[The Complete South African Cookbook_ 下载链接1_](#)

著者:van Wyk, Magdalen

出版者:Intl Pub Marketing

出版时间:2007-9

装帧:HRD

isbn:9781868727469

"The Complete South African Cookbook" has been updated to suit the modern cook, but still includes many old favourites, such as bobotie and Cape brandy pudding. Microwave instructions and hints appear throughout the guide. In addition, you will find everything you need to know about the preparation of food, advice on storing and freezing, step-to-step guides to basic cooking methods, and many useful short cuts and serving suggestions. Although this is the cook for a beginner, it is also an reference for the more experienced cook, offering more than 650 basic and easy-to-prepare recipes along with many tempting variations. There is a wonderful selection of hors d'oeuvres, soups, fish and seafood, meat, poultry and game, as well as sauces, vegetables and vegetarian fare, salads and dressings, egg and cheese dishes, desserts, cakes, breads and pastries, confectioneries, and preserves. Each recipe is accompanied by useful information including kilojoule count per portion and suitability for freezing.

作者介绍:

目录:

[The Complete South African Cookbook_下载链接1_](#)

标签

评论

[The Complete South African Cookbook_下载链接1_](#)

书评

[The Complete South African Cookbook_下载链接1_](#)