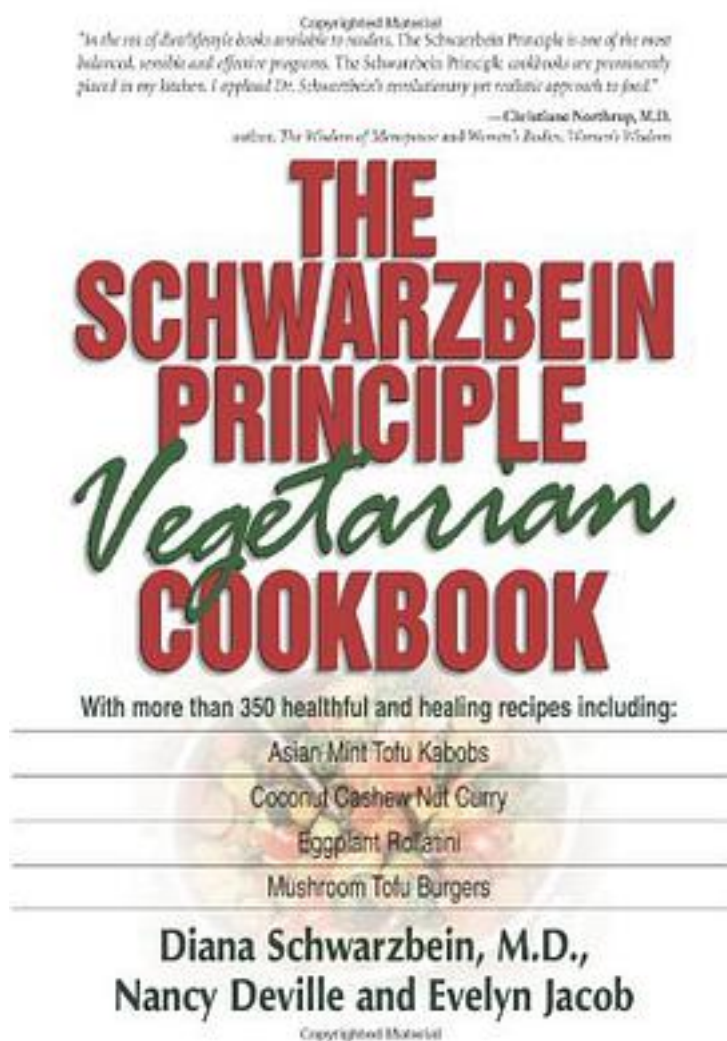


The Schwarzbein Principle Vegetarian Cookbook



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出版者:Hci

出版时间:

装帧:Pap

isbn:9781558746824

For the millions of readers who have adopted a vegetarian lifestyle, this cookbook contains 371 healthful and delicious recipes. Sample items include: risotto with sun-dried tomatoes and gorgonzola cheese, Middle Eastern lentils with vegetables, Szechwan tofu with green beans, mushrooms and peanuts, tempeh tacos, meatless moussaka, quesadillas, tofu enchilladas and artichoke chowder.

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