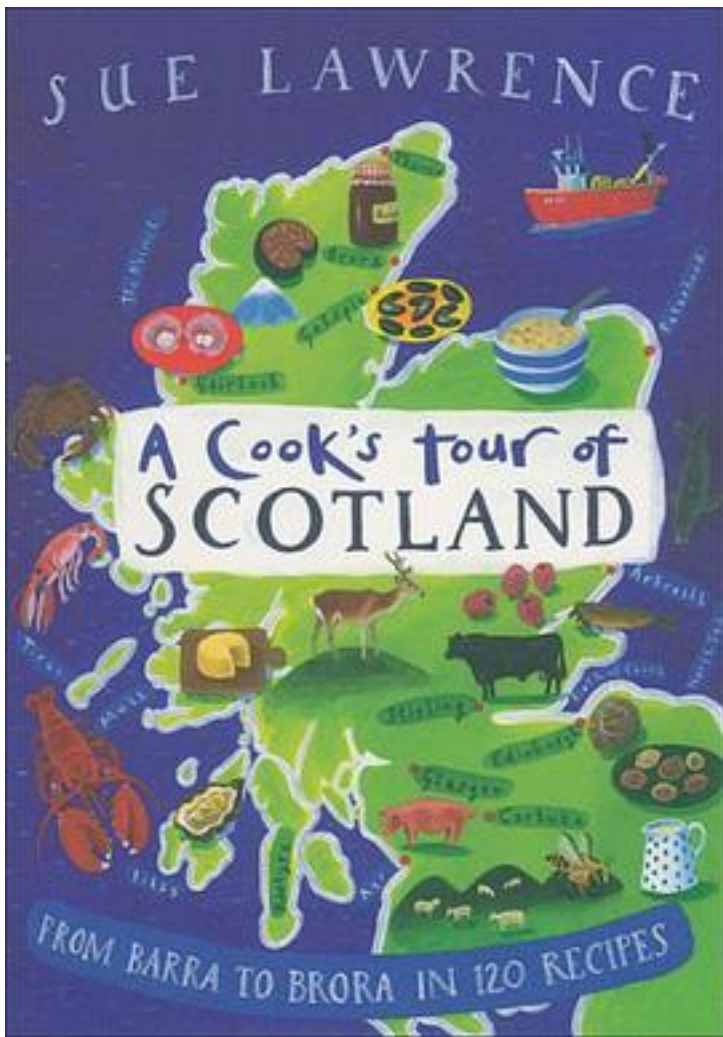


A Cook's Tour of Scotland



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Award-winning food writer Sue Lawrence has taken up the baton in praise of

Scotland's produce. Travelling the length and breadth of Scotland, she seeks out all the great raw ingredients Scotland has to offer. From cockles harvested on Barra and venison from the Highlands, to seaweed picked on Auchmithie beach and lamb from Shetland, Sues celebration of Scottish produce reveals a cornucopia of culinary delights. She has journeyed all over the country to meet the people who farm and produce its food. An Orkney barley miller, a Stornoway black pudding butcher, an Isle of Mull cheese producer, a Dundee sausage-maker and a Brora jam-maker are just a few of the many Scottish food heroes she meets. A celebration of the Scottish landscape and history, as well as its food, A Cooks Tour of Scotland contains 120 delicious recipes and is not only a must for anyone visiting Scotlands shores but deserves a place on the cookery shelves of anyone who loves seasonal, healthy, freshly grown, caught or farmed food.

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目录:

[A Cook's Tour of Scotland_ 下载链接1](#)

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