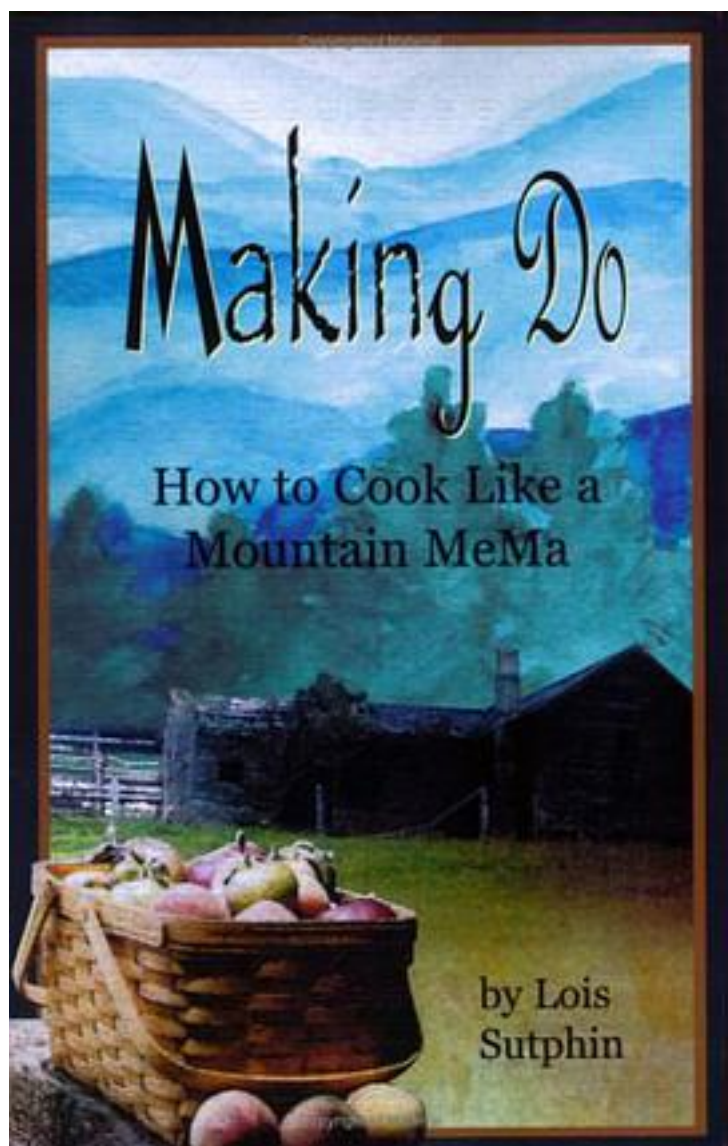


# Making Do



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Mountain roots run deep... Tasty Appalachian recipes and authentic stories of mountain living are brought together here in this book inspired by a way of life forgotten in the fast-paced modern world. Generations in the making, this collection of old-timey favorites takes us on a culinary journey to a vanishing past, back to a life driven by necessity and the principles of making do. From simple dishes like Fried Green Tomatoes to those that take a little more effort but are definitely worth the work (Molasses and Apple Butter Cake comes to mind), you'll find delicious meals to grace your table and accompanying vignettes to warm your heart. And all the recipes in this book are from scratch, just like the way real MeMas up on the Blue Ridge did it "back then" and even today. So join our kitchen, the kitchen of a mountain MeMa, and savor a taste of the past. Beautifully conceived and delivered, this mother-daughter undertaking is a book that can warm both the kitchen and the heart.

作者介绍:

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