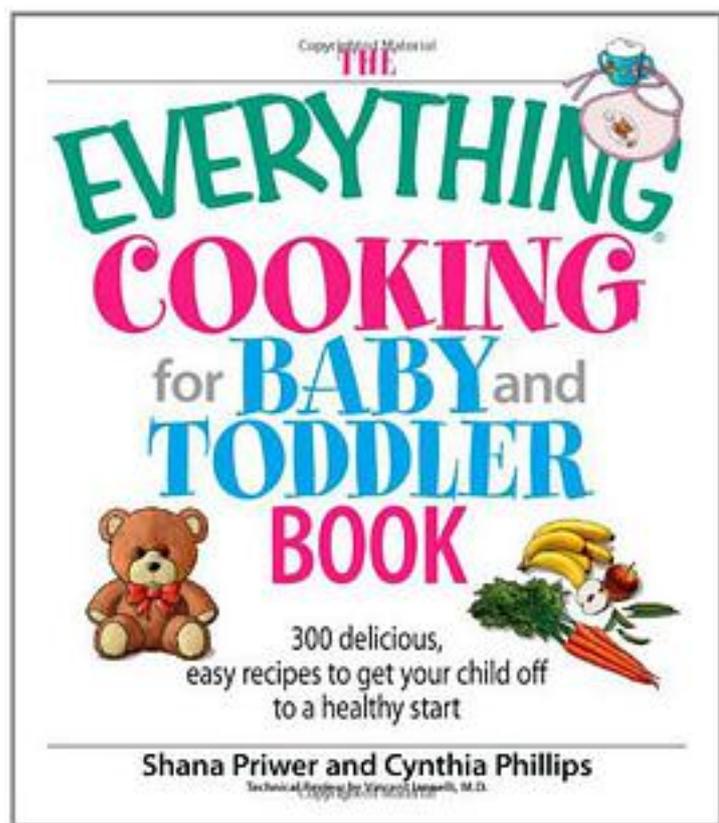


# The Everything Cooking for Baby and Toddler Book



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- Cooking is one of the bestselling categories in the Everything series--over 750,000 books sold - Unbeatable price point and value for 300 recipes at \$14.95 Babies can be fussy eaters--some suffer from food allergies, and many others are just plain persnickety about food. The Everything Cooking for Baby and Toddler Book is the

perfect tool to craft a balanced diet. With 300 recipes to choose from, readers can make healthy meals for their babies using a wide variety of fruits, vegetables, meats, and fish. Highlights include: - Foods to avoid for the first year- Cooking equipment- Food safety (storage, cleanliness, handling meats)- Food warnings about what not to cook at home- Pesticide concentration and nitrates (in carrots, spinach)- Special holiday meals and just-for-baby beveragesWith a special section on how to adjust each recipe for just the right texture for baby, The Everything Cooking for Baby and Toddler Book can please even the most finicky baby

作者介绍:

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