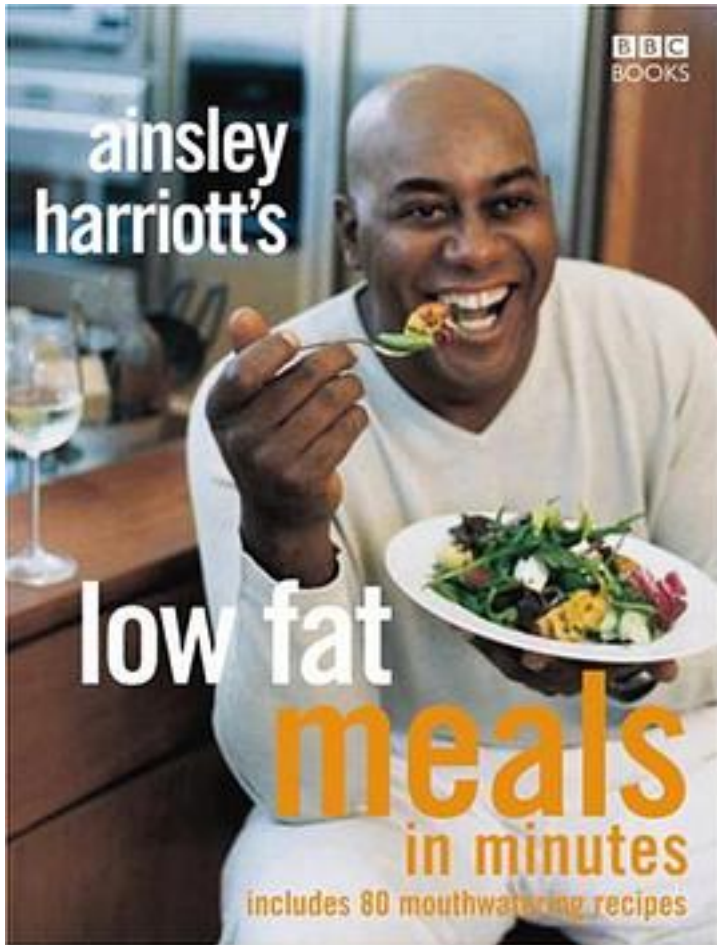


# Ainsley Harriott's Low Fat Meals in Minutes



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著者:Harriott, Ainsley

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One of Britain's favourite TV chefs here concocts the best in low-fat, tasty food. Ainsley Harriott is the master of sensational and speedy cooking and his recipe books have sold a total of two million copies worldwide.

作者介绍:

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