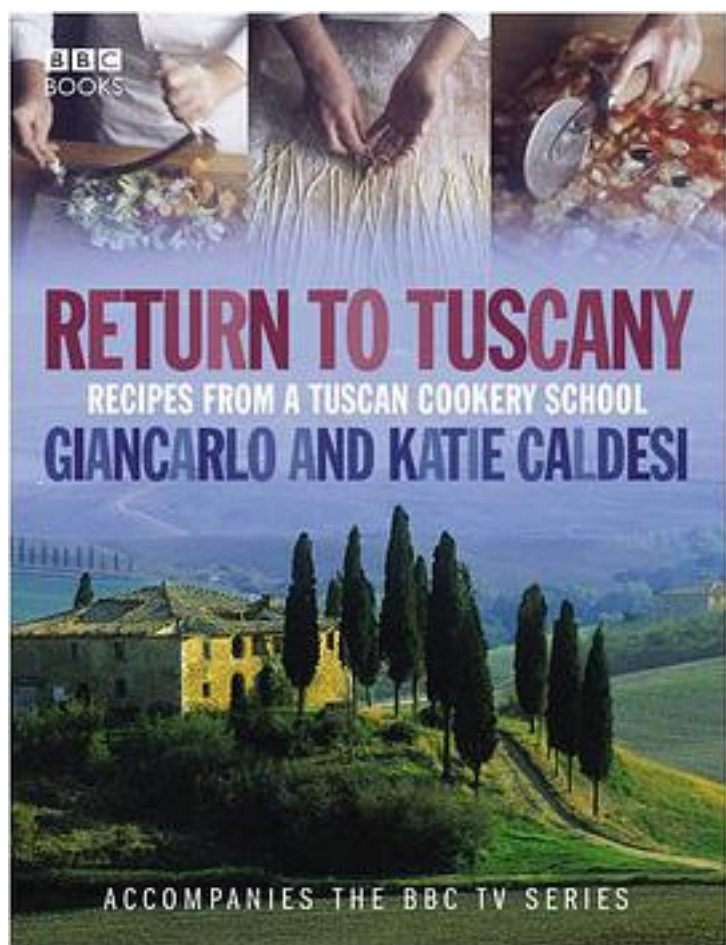


Return to Tuscany



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出版者:Trafalgar Square

出版时间:2007-8

装帧:HRD

isbn:9780563493549

Giancarlo and Katie Caldesi, the husband-and-wife team behind two Italian restaurants and a cookery school in London, are passionate about food and about Italy. Their eagerness to share this with others inspired them to relocate to Tuscany for

a few months, to rediscover Giancarlos culinary roots and run a series of courses in traditional Tuscan cooking. Return to Tuscany is the result of their successful sojourn in Tuscany. Each chapter starts with a lesson, reflecting the different stages of their cookery course, guiding you through the basic techniques of pasta-making, choosing the best ingredients for an antipasti platter, cooking meat on an open fire, and many other aspects of Tuscan cooking. In 80 delicious regional recipes, Giancarlo and Katie pass on methods used by generations of the Caldesi family, with tips supplied by their Italian friends and neighbours. They describe how to make well-known Tuscan dishes, such Tomato Bruschetta, the classic Ribollita soup and the traditional Plum Crostata, as well as personal favourite that were popular with their students, including Mussel and Clam Spaghetti with Fresh Tomato Salsa and Chicken with Cinnamon and Lemon. Illustrated with a wealth of stunning location shots and food photography, Return to Tuscany is both an easy-to-follow cookery book and an inspirational introduction to the culture and traditions of this beautiful part of Italy.

作者介绍:

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