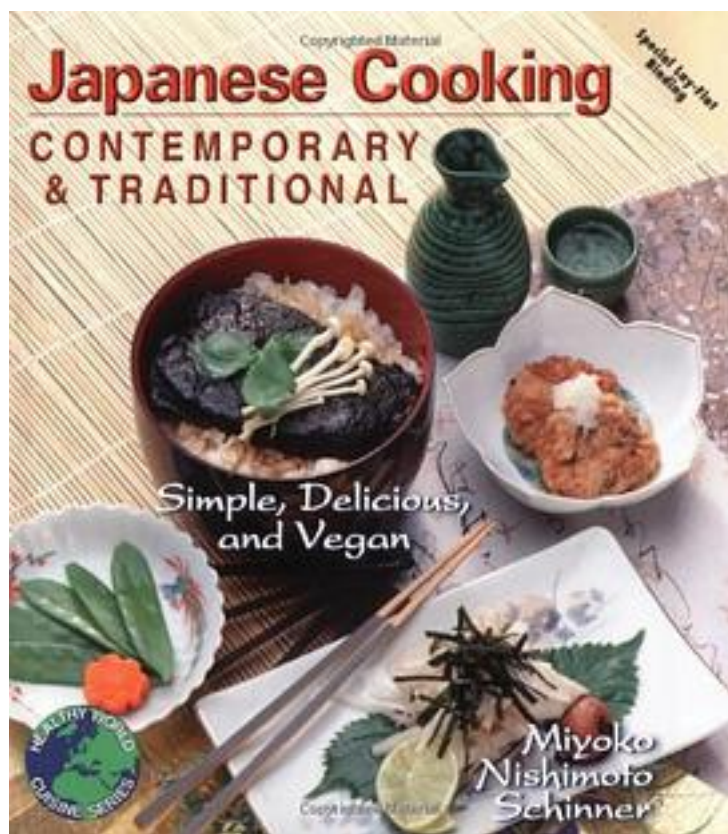


Contemporary and Traditional Japanese Cooking



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出版者:Book Pub Co

出版时间:1999-1

装帧:Pap

isbn:9781570670725

Recipes featuring traditional Japanese dishes and regional specialties from Kyushu in the south to Hokkaido in the north. For those dishes that are usually prepared with meat, fish, or fowl, Miyoko has created innovative substitutes utilizing tofu, seitan, and other vegetarian foods to create what is truly a unique Japanese cookbook

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