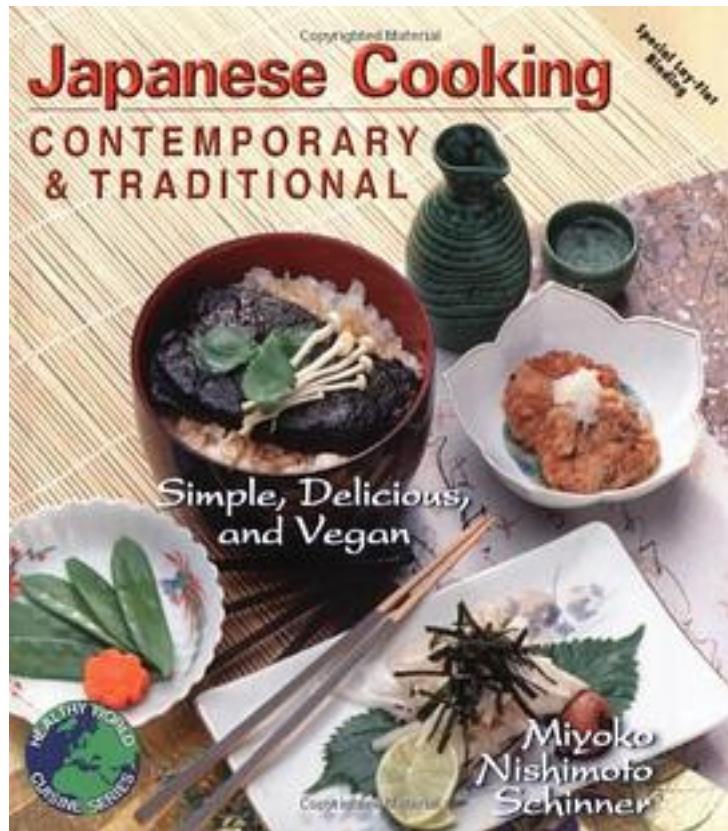


Contemporary and Traditional Japanese Cooking



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Recipes featuring traditional Japanese dishes and regional specialties from Kyushu in the south to Hokkaido in the north. For those dishes that are usually prepared with meat, fish, or fowl, Miyoko has created innovative substitutes utilizing tofu, seitan, and other vegetarian foods to create what is truly a unique Japanese cookbook

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